

Suggested Use

Adults take one to three tablets with a glass of water in the evening or as directed by a health care professional. For occasional use only.

Notice: This product contains Senna and Cape Aloe. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain because Senna and Cape Aloe may worsen these conditions. Consult your physician if you have frequent diarrhea. Not to be used during pregnancy or lactation. If you have a medical condition or take pharmaceutical drugs, please consult with your doctor before use. Keep away from children. Use only as directed on label.

BEST BY:

LOT NO:



meetyourherbs[®]

ID# 00072943

Senna

gaia[®]
HERBS

RapidRelief[™]

Natural
Laxative

meetyourherbs[®]
Enter ID # at GaiaHerbs.com

90 TABLETS DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1

Servings Per Container 90

	Amount Per Serving	% Daily Value
Senna (<i>Cassia angustifolia</i>) leaf	122 mg	†
Cape aloe (<i>Aloe ferox</i>) juice powder	91 mg	†
Proprietary Blend	187 mg	†

Dandelion (*Taraxacum officinale*) root; Organic Chicory (*Cichorium intybus*) root; Fennel (*Foeniculum vulgare*) seed; Caraway (*Carum carvi*) seed; Boldo (*Peumus boldus*) leaf; Cumin (*Cuminum cyminum*) seed; Fennel (*Foeniculum vulgare*) essential oil.

†Daily Value not established.

ETUSALANDPT-B
(02) 1013-0910

Product of Italy.
Manufactured for
Gaia Herbs by
Aboca S.p.A. - Italy.
Distributed by:

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