



High Potency B MAXI COMPLEX



**Supports Heart, Nervous System
and Energy Metabolism Health***

60 SOFTGELS

Dietary Supplement

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 30

Amount Per Serving	%Daily Value	
Calories	10	
Calories from Fat	5	
Total Fat	0.5 g	1%**
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	15 mg	1,000%
Riboflavin (Vitamin B-2)	17 mg	1,000%
Niacin (as Niacinamide)	200 mg	1,000%
Vitamin B-6 (as Pyridoxine Hydrochloride)	20 mg	1,000%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	60 mcg	1,000%
Pantothenic Acid (as d-Calcium Pantothenate)	100 mg	1,000%
B Complex Base Blend	600 mcg	***
Choline Bitartrate, Inositol, Para-Aminobenzoic Acid (PABA)		

**Percent Daily Values are based on a 2,000 calorie diet.
***Daily Value not established.

Other Ingredients: Soybean Oil, Gelatin (Bovine), Glycerin, Soy Lecithin.
Contains <2% of: Caramel Color, Silica.

Contains soy ingredients.

IMPORTANT FACTS YOU SHOULD KNOW

Each nutrient in this high-potency complex of B vitamins performs a unique role in maintaining proper metabolic functioning and is essential for well being.* B vitamins, which are water-soluble, provide nourishment for the occasional stress of daily living.* In addition, B Maxi Complex supports energy metabolism and healthy nerve function, as well as supports heart health.*

DIRECTIONS: FOR ADULTS, TAKE TWO (2) SOFTGELS DAILY, PREFERABLY WITH A MEAL.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, artificial flavor, sodium.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Quality Guaranteed Lab Tested
Laboratory tested to meet strict quality control standards for potency, purity and disintegration. 100% Quality Guaranteed.

Manufactured by Rexall Sundown, Inc.
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