## Recommendations

2 or 3 capsules 2 to 3 times daily with food, or as directed by your healthcare professional.

## Warning If you take Coumadin® (warfarin) or other prescription blood

thinners or are pregnant or nursing, consult your physician before taking.

CONTAINS NO COATINGS, RINDERS, YEAS SOY PROTEIN, EGGS, SUGAR, HYDROGENATED OIL, ARTIFICIAL COLORING, ARTIFICIAL FLAVORING OR PRESERVATIVES

MADE IN THE USA

Independently tested for authenticity, potency, heavy metals, solvent residue, herbicide & pesticide residue, aflatoxins, stability and bacteria, yeast and mold counts.



## Osteo-Nutrients

(with Vitamin K2-7)



**DIETARY SUPPLEMENT 180 CAPSULES** 

## Supplement Facts

	amount per serving	% daily value
Vitamin D3 (as cholecalciferol)	800IU	200%
Calcium	1200mg	120%
(50% as calcium citrate/malate & 50	% as calcium ca	arbonate
Magnesium	400mg	100%
(50% as magnesium citrate & 50% a	s magnesium o	oxide)
Lysine HCl	100mg	*
Horsetail Aerial Part Powder	100mg	*
Vitamin K2-7	50mcg	. 44

Other Ingredients: Gelatin Capsule and Leucine.

manufactured by VITAL NUTRIENTS

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