

Doctor's Best Curcumin with Curcumin C3 Complex® and BioPerine® contains a potent standardized extract of *Curcuma longa* root, known as turmeric. Turmeric has centuries of tradition in Ayurvedic healing. The active ingredients in *Curcuma longa* are curcuminoids, compounds that demonstrate potent antioxidant properties in scientific studies.* Curcuminoids may benefit the joints, brain, heart and circulatory system by helping to neutralize free radicals.*

BioPerine® is an extract of Black Pepper fruit that contains 95-98% piperine as a natural bio-enhancer to promote absorption.*

Helps protect cells and tissue by fighting free radicals*

Helps prevent connective tissue breakdown by inhibiting destructive enzymes*

BioPerine® helps promote absorption of nutrients in the GI tract*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



YDRB107-3



**Dietary
Supplement**

**Doctor's
BEST®**

**Science-Based
Nutrition™**

**High
Absorption.
Curcumin
from Turmeric Root
with CURCUMIN C3 COMPLEX® and BIOPERINE®**

**MAY BENEFIT THE JOINTS BY HELPING
NEUTRALIZE FREE RADICALS***

500 mg / 120 Capsules

Supplement Facts

Serving Size 2 capsules
Servings per container 60 servings

	Amount per serving	% Daily Value
Turmeric root (<i>Curcuma longa</i>) (Curcumin C3 Complex®) Standardized to >95% Curcuminoids Including: Bisdemethoxy Curcumin (2.2 - 6.5%) Demethoxy Curcumin (15 - 19%) Curcumin (75 - 81%)	1000 mg	†
Black pepper fruit extract (<i>Piper nigrum</i>) (BioPerine®)	6 mg	†

† Daily Value not established.

Other Ingredients: Gelatin (capsule), rice powder, magnesium stearate (vegetable source).

Suggested Adult Use: Take 2 capsules daily with food, or as recommended by a nutritionally-informed physician.

Non-GMO / Gluten Free / Soy Free

Store in a cool dry place.

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Manufactured for **Doctor's Best, Inc.**

California, USA

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