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Why Six Star® 100% Whey Protein Plus Is the Smarter Choice – 70% Better Than Regular Whey¹

Six Star® 100% Whey Protein Plus is from the makers of MuscleTech®, America's #1 Selling Body Building Supplement Brand, so you know it's a powerful formula you can trust. Not all protein supplements are created equal. Six Star® 100% Whey Protein Plus is enhanced with core ingredients clinically shown to build 70% more muscle and strength than whey protein alone.* And unlike cheaper formulas, Six Star® 100% Whey Protein Plus is powered by ultra-filtered and instantized 100% whey protein for fast absorption and easy mixing. Trust Six Star® 100% Whey Protein Plus for the best formula, best taste and best results!

Who Is Six Star® 100% Whey Protein Plus For?

★ Active Men & Women ★ Strength Trainers ★ Athletes ★ Fitness Enthusiasts ★ Body Builders ★ Endurance Athletes

What Are the Benefits of Six Star® 100% Whey Protein Plus?

- ★ 100% whey protein plus mixes easily for your convenience
- ★ Enhanced with a clinically proven muscle builder for better results*
- ★ Provides fast-absorbing BCAAs (leucine, isoleucine and valine)
- ★ Improves muscle performance in athletes*
- ★ Features ultra-pure and instantized 100% whey protein
- ★ Boosts strength for better workouts*
- ★ Ultra-filtered 100% whey to reduce fat, lactose and impurities
- ★ Helps you recover after workouts*

70% Better Than Regular Whey Protein for Gains in Lean Muscle

In a 6-week, double-blind study involving 36 test subjects with at least 3 years of weight training experience divided into 3 groups, subjects combining the core ingredients in Six Star® 100% Whey Protein Plus with a weight training program gained 70% more lean muscle than subjects using regular whey protein (8.8 vs. 5.1 lbs.) and increased their bench press more than subjects using regular whey protein (34 vs. 14 lbs.). Those same subjects even gained 4 times the lean muscle as subjects using a placebo (8.8 vs. 2.0 lbs.). This formula provides 30g of protein from ultra-pure protein sources. Plus, it delivers creatine, leucine, isoleucine, valine and glutamine.* See Supplement Facts for cholesterol content.

THE SIX STAR® 100% WHEY PROTEIN PLUS ADVANTAGE

	Six Star® 100% Whey Protein Plus	Competitor #1	Competitor #2
100% Whey Protein	✓	✓	X
Protein	30g	30g	16g
Fat	3g	4g	6g
Sugar	2g	3g	2g
Award-Winning Taste	✓	X	X

Award-Winning Taste You Will Love

The American Masters of Taste, a prestigious panel of chefs and flavor experts, awarded Six Star® 100% Whey Protein Plus the Gold Medal for Superior Taste against all other value brands in America. Trust Six Star® 100% Whey Protein Plus for optimum performance and award-winning taste you'll love.

For Best Results, Stack With:

PRE USE 30 TO 45 MINUTES BEFORE WORKOUT

Pre-workout powder engineered to enhance muscle performance, increase energy and get you pumped while you train.*

POST USE IMMEDIATELY AFTER WORKOUT

Post-workout creatine supplement designed to build muscle, boost strength and enhance muscle performance.*

FOR MORE INFO, RECIPES, TIPS,
AND TO JOIN THE CONVERSATION, VISIT
SixStarPro.com [Twitter@SixStarPro](https://twitter.com/SixStarPro)
[Facebook.com/SixStar](https://facebook.com/SixStar)
[Instagram.com/sixstarpronutrition](https://instagram.com/sixstarpronutrition)



SIX STAR®

PRO NUTRITION



100% WHEY PROTEIN PLUS

ELITE SERIES

From the Makers of



TOTAL
60G
PROTEIN¹
FEATURING
100% WHEY



TOTAL
13.4G
BCAAs¹

Scientifically Shown to Be 70% Better Than Regular Whey¹

- ★ 100% Instantized for Easy Mixing
- ★ Enhanced with a Proven Muscle & Strength Builder*

Results based on core ingredient testing. See back for study details.

strawberry smoothie Net Wt. 2.00 lbs. (907g)
NATURAL AND ARTIFICIAL FLAVORS
Mixes Instantly • Zero Aspartame



Supplement Facts

Serving Size: 1 Scoop (49g)	
Servings Per Container: Approx. 19	
Amount Per Serving	% Daily Value
Calories	180
Calories from Fat	25
Total Fat	3g 5%*
Saturated Fat	1g 5%*
Cholesterol	75mg 25%
Total Carbohydrate	8g 3%*
Sugars	2g †
Protein	30g 60%*
Calcium	230mg 23%
Iron	0.36mg 2%
Sodium	140mg 6%
Creatine monohydrate	2.5g †

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: 100% Whey Protein Blend (Whey Protein Concentrate, Whey Protein Isolate, 97% Whey Protein Isolate, Hydrolyzed Whey Protein, L-Leucine, L-Isoleucine, L-Valine, L-Glutamine), Maltodextrin, Natural and Artificial Flavors, Calcium Carbonate, Soy or Sunflower Lecithin, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Sucralose, Beet Juice (color), Acesulfame-Potassium. Contains milk and soy ingredients. Processed in a facility that also processes egg, wheat, shellfish, fish oil, tree nut and peanut ingredients.

Six Star® 100% Whey Protein Plus is manufactured according to cGMP standards, as is required for all dietary supplements.

This product contains 2.5g of creatine per serving, which is in addition to the 30g of whey protein per serving shown in the Supplement Facts. Creatine in combination with whey protein has been clinically shown in a published study in the *International Journal of Sport Nutrition and Exercise Metabolism* to be more effective for building muscle than just whey protein alone.

How to Make the Perfect Whey Protein Shake:

STIR	SHAKE	BLEND

Tip: Try blending with ice, your favorite fruit, juice, peanut butter or anything else you enjoy for a delicious smoothie.

Directions: Mix 1 to 2 servings (1 to 2 scoops) in 6 to 12 oz. of cold water or skim milk, according to taste, in a glass or shaker cup. Use between major meals and before and after exercise. Drink 8 glasses of water daily for general good health. Read the entire label before use and follow directions provided.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

WARNING: Not intended for use by persons under 18. Do not use if pregnant or nursing. Consult a medical doctor if you have a medical condition or before starting any diet or exercise program. **KEEP OUT OF REACH OF CHILDREN.**

Do not use if packaging has been tampered with. Store in a cool, dry place (60°F to 80°F).

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Notice: This product is sold by weight, so some settling may occur. Shake container before use.

1 MuscleTech® is America's #1 Selling Body Building Supplement Brand based on cumulative wholesale dollar sales 2001 to present.

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