

*These statements have not been

evaluated by the Food and Drug

Administration. This product is

not intended to diagnose, treat,

Actual size

of softgel

cure or prevent any disease.

Easier To Swallow Mini Softael

One Serving Per Day

Odorless

1290 ma Per Servina

DIETARY SUPPLEMENT

SUPPORTS HEART, JOINT AND

60 MINI SOFTGELS

Fish Oil Mini Softgels

900 mg Omega-3 Per Serving

SKIN HEALTH*

Supplement Facts

Serving Size 2 Softgels Servings Per Container 30

Amount Per Serving		%Daily Value	
Calories	15		
Calories from Fat	10		
Total Fat	1.5 g	2%**	
Trans Fat	0 g	***	
Polyunsaturated Fat	1 g	***	
Cholesterol	5 mg	2%	
Fish Oil	1,290 mg (1.	2 g) ***	
provides 900 mg of To		atty ***	
Acids† comprising of:			

EPA (Eicosapentaenoic Acid) DHA (Docosahexaenoic Acid) Other Fatty Acids

Percent Daily Values are based on a 2,000 calorie diet *Daily Value not established.

OTHER INGREDIENTS: GELATIN, GLYCERIN, CONTAINS LESS THAN 2% OF ACETYLATED MONOGLYCERIDES FOOD GLAZE LEMON OIL MIXED. NATURAL TOCOPHEROLS, POLYSORBATE 80, POTASSIUM SORBATE (PRESERVATIVE) SODILIM ALGINATE

Contains: Fish (anchovy, mackerel, sardine).

+As Ethyl Esters Trans Fat 0g

Purified to eliminate mercury

Omega-3 fatty acids from Fish Oil are considered the "good" fats important for heart and metabolic health.* Fish Oil Mini Softgels contain eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA), which help maintain triglyceride levels already within a normal range.*

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. One serving of Fish Oil Mini Softaels provides 900 mg total of EPA. DHA and other omega-3 fatty acids. See nutrition information for total fat and cholesterol content.

DIRECTIONS: For adults, take two (2) softgels daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

FREE OF: yeast, wheat, gluten, milk or milk derivatives. lactose, sugar, artificial color, artificial flavor.

WARNING: If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Keep out of reach of children. Store at room temperature 15°-30° C (59°-86° F), tightly closed, Safety Sealed, Do Not Use If Seal Under Cap Is Cut. Torn or Missing.

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