



ShopRite®



# Folic Acid

## 400mcg USP

**DIETARY SUPPLEMENT**

PROMOTES CARDIOVASCULAR  
AND REPRODUCTIVE HEALTH\*

**250 TABLETS**

### Supplement Facts

Serving Size 1 Tablet

| Amount Per Serving | %Daily Value |
|--------------------|--------------|
| Folic Acid         | 400 mcg 100% |

**OTHER INGREDIENTS:** CELLULOSE (PLANT ORIGIN), DICALCIUM PHOSPHATE, CROSCARMELLOSE, MALTODEXTRIN. CONTAINS LESS THAN 2% OF: SILICA, VEGETABLE MAGNESIUM STEARATE.

Trans Fat 0g

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**FREE OF:** yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial color, artificial flavor, sodium (less than 5 mg per serving).

Keep out of reach of children. Store at room temperature 15°-30° C (59°-86° F), tightly closed. Safety Sealed. Do Not Use If Seal Under Cap Is Cut, Torn or Missing.

Folic Acid is an essential B Vitamin that supports heart health.\* In addition, healthful diets with adequate folate may reduce a woman's risk of having a child with a brain or spinal cord birth defect. Folate intake should not exceed 1000 mcg.

**DIRECTIONS:** For adults, take one (1) tablet up to two times daily, preferably with meals. As a reminder, discuss the supplements and medications you take with your health care providers.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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**QUALITY GUARANTEE**

Call: 1-800-ShopRite  
or Contact Us: [www.shoprite.com](http://www.shoprite.com)

Actual size  
of tablet