## **B-ALANINE & LEUCINE**

Our Strength Pre-Game Formula has been scientifically designed based on clinical data to give you the advantage needed to make gains in the gym for that extra edge on the field.\* Legit doses of Beta-Alanine and L-Leucine helps decrease muscle fatigue, boosts muscle & workout performance, and supports muscle strength and power.

Perfect for athletes - including football players, sprinters and other strength and power competitors.

Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

WARNING: Not intended for use by pregnant women. If you are nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Beta-alanine may cause a temporary tingling sensation, which is a normal reaction.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Manufactured in the USA with select ingredients from around the world for MET-Rx Nutrition, Inc. Boca Raton, FL 33487 ©2016 Questions? Call toll free 1-800-55-MET-Rx To learn more, please go to www.MET-Rx.com



STRENGTH & POWER ATHLETES

DIETARY SUPPLEMENT Net Wt. 12.69 oz. (360 g) B-ALANINE ◊

4G

**Boost Muscle Performance** and Decrease Fatique\*

Muscle Strength and Power\* LEUCINEO



**◊Per Daily Serving** 

DIRECTIONS: Take two (2) scoops (9g) twice daily. On training days take one serving 30-60 minutes before your workout and a second serving at least two hours apart. Once a tolerance has been built both servings can be taken at once 30-60 minutes before your workout.

## **Supplement Facts**

Serving Size 2 Scoops (9 g) Servings Per Container 40

Amount Per Serving	%Daily	%Daily Value	
Calories	25		
Total Carbohydrate	3 g	1%**	
Dietary Fiber	<1 g	3%**	
Sugars	2 g	***	
Beta-Alanine (as CarnoSyn®)	2,400 mg (2.4 g)	***	
L-Leucine	2,000 mg (2 g)	***	
L-Citrulline DL-Malate 1:1	500 mg	***	
Fenugreek Extract (Trigonella foenum-graecum) (seed)	250 mg	***	
Rooibos Extract (Aspalathus linearis) (aerial)	48 mg	***	

\*\*Percent Daily Values are based on a 2,000 calorie diet \*\*\*Daily Value not established.

Other Ingredients: Fructose, Natural Flavors, Citric Acid, Silica, Sucralose, Soy Lecithin, Caramel Color.

Contains soy ingredients.





KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT, TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING,