

IMPORTANT FACTS YOU SHOULD KNOW

Vitamin B-12 is essential for normal formation of blood cells and contributes to the health of the nervous system.* Vitamin B-12 helps to promote homocysteine levels already within a normal range, which is important for heart and circulatory health.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

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A0253



ACTUAL
SIZE

Prod. No.
3864

05C B3860
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60 Tablets
Dietary Supplement



SUBLINGUAL
HIGH POTENCY

B-12
2500 mcg

Energy Metabolism*



DIRECTIONS: FOR ADULTS, TAKE ONE (1) TABLET DAILY. Place tablet under tongue for 30 seconds before swallowing. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	
Vitamin B-12 (as Cyanocobalamin)	2,500 mcg	41,667%

Other Ingredients: Mannitol, Croscopovidone, Vegetable Stearic Acid, Natural Flavor. **Contains <2% of:** Beet Juice Color, Sucralose, Vegetable Magnesium Stearate.

No Gluten, No Yeast, No Milk or Milk Derivatives, No Lactose, No Sugar, No Preservatives, No Soy, No Artificial Flavor, No Sodium.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Quality Guaranteed Lab Tested

Laboratory tested to meet strict quality control standards for potency, purity and disintegration. 100% Quality Guaranteed.