Made With Over 90% Organic Ingredients

Living Vitamin C* is made with whole food ingredients and provides an excellent source of vitamin C. Naturally occurring citrus bioflavonoids enhance your body's ability to effectively utilize vitamin C, plus an Organic Antioxidant Berry Blend helps protect your body against free radical damage.¹

Caution: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

This product is made with natural ingredients. Contains no artificial colors or preservatives. Color may vary from lot to lot. Store in a cool dry place.

Do not use if safety seal is broken or missing.

Do not use if safety seal is broken Keep out of reach of children.

treat, cure or prevent any disease.



Distributed by Garden of Life LLC
4200 Northcorp Parkway, Palm Beach Gardens, FL 33410 USA
Made in the U.S.A. www.gardenoflife.com

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† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose,





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Vitamin C & Antioxidant Blend

60 Vegetarian Caplets

Whole Food Dietary Supplement

Suggested Use: Adults may take 2 caplets per day with water. Not intended for children.

Supplement Facts

Serving Size 2 Caplets Servings Per Container 30

	Amount Per Serving	%DV*
itamin C	250mg	417%
iving Vitamin C Complex 1140 mg Irganic Acerola Cherry, Lemon-Lime Citrus ioflavonoids, Wildcrafted Camu Camu (<i>Myrciaria dubia</i>)		+
oton-Zumo® Organia Whole		

Poten-Zyme® Organic Whole
Citrus Blend**
Organic Orange (whole fruit), Organic Grapefruit (whole fruit),
Organic Lemon (whole fruit), Organic Lime (whole fruit)

Organic Lemon (whole truit), Organic Lime (whole truit)
Organic Antioxidant Berry Blend
80 mg
Strawberry, Blueberry, Blackberry, Cherry, Raspberry

*Percent Daily Values (DV) are based on a 2000 calorie diet. + Daily Value (DV) not established

Other ingredients: microcrystalline cellulose, sodium croscarmellose, magnesium stearate (vegetable source), silicon dioxide, vegetable coating, probiotic cultures, maltodextrin and vucca.

Vegetarian · Dairy Free · Gluten Free

** Produced using the Poten-Zyme® fermentation process.

