

At Vitamin World we ensure the quality of all of our premium nutritional products, every step of the way. Strict quality analysis at world-class facilities guarantees that all Vitamin World® products are at the highest standard of potency and purity.



No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish, Sodium Free.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

TO REORDER PROD. #29634
www.vitaminworld.com
1-800-228-4533

Carefully Manufactured for
Vitamin World, Inc.
Holbrook, NY 11741 U.S.A.
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Prod. No. 29634 B29618 02B



NUTRITION FROM THE SOURCE®

SUPER Biotin

5000 mcg

B VITAMINS

Supports Healthy Hair, Skin & Nails*

60 RAPID RELEASE SOFTGELS | VITAMIN SUPPLEMENT

DIRECTIONS: For adults, take one (1) softgel daily, preferably with a meal.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value
Biotin (as d-Biotin)	5,000 mcg 1,667%

Other Ingredients: Soybean Oil, Gelatin, Vegetable Glycerin, Yellow Beeswax, Titanium Dioxide Color.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Found in foods such as oatmeal and soy, Biotin, a water-soluble B vitamin, assists in energy metabolism in cells.* Biotin is essential for the intermediate metabolism of carbohydrates, proteins and fats.* In addition, Biotin helps to support healthy hair, skin and nails.*

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Biotin is a water-soluble B Vitamin, that cannot be stored in the body and must be consumed every day. Vitamin World utilizes sophisticated methods to concentrate Biotin into a high potency softgel. This essential B vitamin is absorbed into the circulatory system where it helps to nourish the cells in the body needed for healthy hair, skin and nails.* This makes Vitamin World Super Biotin ideal for supporting beauty from within.*

Not only does Biotin play an important role in helping you to look your best, it is also beneficial for promoting overall health by supporting carbohydrate, protein and fat metabolism as follows:

Energy Metabolism*

In the body, Biotin forms a complex with our natural enzymes, which in turn converts the enzymes to their active state.* Once activated, these enzymes are able to perform their normal role in energy metabolism.* Biotin's role in carb, fat and protein metabolism makes it a popular choice for supporting all types of nutritional plans - including low fat and low carb diets.*