

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, or crustacean shellfish.

Our EPA & DHA softgels are derived from a high potency fish oil concentrate and provide 300 mg of omega-3 fatty acids, including EPA and DHA. Our EPA & DHA supplement assists the body as its ability to convert alpha-linolenic acid to EPA and DHA declines. Omega-3 fatty acids are important for cardiovascular, immune and nervous system health. Our product is sourced from fresh, cold water sources and tested for PCBs, dioxins and heavy metals.†

**WE GUARANTEE OUR SUPPLEMENTS  
FOR POTENCY AND PURITY**

To report a serious adverse event, call 1-888-710-0006

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Omega-3 Fatty Acids

# EPA & DHA

Supports Cardiovascular, Immune,  
and Nervous System Health†

Dietary Supplement

50 SOFTGELS



## Supplement Facts

Serving Size 1 Softgel      Servings Per Container 50

Amount Per Serving	% Daily Value	
Total Calories	10	
Calories from Fat	10	
Total Fat	1g	1%*
Vitamin E (as d-alpha tocopherol)	1 IU	3%*
Fish Oil	1,030 mg	**
EPA (as eicosapentaenoic acid)†	180 mg	**
DHA (as docosahexaenoic acid)†	120 mg	**
Total omega-3 fatty acids (from fish oil as EPA and DHA)	300 mg	**

\* Percent Daily Values are based on a 2,000 calorie diet.

\*\* Daily Value not established.

Other Ingredients: Capsule (gelatin), water, glycerin.

**SUGGESTED USE:** Take one softgel up to six times daily, divided among meals.

KEEP OUT OF REACH OF CHILDREN.

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