

These essential minerals are necessary for the proper functioning of the body.\* Calcium is vital for bones, Magnesium assists nerve and muscle function, and Zinc is involved in immune system health.\* Adequate Calcium as part of a healthful diet, along with physical activity, may reduce the risk of osteoporosis in later life.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial flavor, salt.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



ACTUAL SIZE

NOT 100% SATISFIED? Return package and unused product within 30 days to any Family Dollar store for a refund (with receipt) or exchange.

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Prod. No. 4285

**FAMILY**  
*wellness*<sup>TM</sup>



# CALCIUM, MAGNESIUM & ZINC

**SUPPORTS BONE, MUSCLE & IMMUNE SYSTEM HEALTH\***

**100  
TABLETS**

**DIETARY SUPPLEMENT**

## Supplement Facts

Serving Size 1 Tablet

| Amount Per Serving                           |        | %Daily Value |
|----------------------------------------------|--------|--------------|
| Calcium                                      | 333 mg | 33%          |
| (as Calcium Carbonate and Calcium Gluconate) |        |              |
| Magnesium                                    | 133 mg | 33%          |
| (as Magnesium Oxide and Magnesium Gluconate) |        |              |
| Zinc (as Zinc Oxide and Zinc Citrate)        | 8 mg   | 53%          |

**Other Ingredients:** Cellulose (Plant Origin), Croscarmellose. **Contains <2% of:** Cellulose Coating, Titanium Dioxide Color, Vegetable Magnesium Stearate.

**Directions:** For adults, take one (1) tablet up to three times daily, preferably with meals.

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.**

**DISTRIBUTED BY:** FAMILY DOLLAR SERVICES, INC.  
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