



Living Calcium™ Advanced Bone Density Support Formula†

Whole Food Plant Calcium, plus Vitamins D₃, K₂
& Magnesium for Optimal Calcium Absorption†

120 Vegetarian Caplets

Whole Food Supplement

Suggested Use: Adults take 6 caplets daily with food.
May take 2 caplets, 3 times per day. Not intended for children.

Supplement Facts

Serving Size 6 Caplets
Servings Per Container 20

	Amount Per Serving	% Daily Value
Calories	15	
Total Carbohydrate	2 g	1% ¹
Fiber	2 g	8% ¹
Vitamin D* (as D ₃)	600 IU	150%
Vitamin K* (K ₁ and K ₂)	125 mcg	160%
Riboflavin* (Vitamin B ₂)	10 mg	590%
Vitamin B ₆ *	25 mg	1250%
Folate*	400 mcg	100%
Vitamin B ₁₂	200 mcg	3330%
Calcium (from Algae)	1,000 mg	100%
Magnesium	575 mg	140%
Zinc**	3 mg	20%
Copper**	1 mg	50%
Manganese**	1 mg	50%
Boron**	3 mg	+
Betaine	50 mg	+
Calcified Red Algae	3.5 g	+

¹ Percent Daily Values are based on a 2,000 calorie diet.

+Daily Value not established.

Other ingredients: Microcrystalline cellulose, stearates (vegetable source), vegetable coating, sodium croscarmellose, probiotic cultures.

CONTAINS SOY. Gluten Free.

* Living Nutrient produced using the Poten-Zyme® fermentation process.

** Organically bound rice protein chelate.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Warning: Do not take this product if you are taking blood thinners without first consulting your physician.

Do not use if safety seal is broken or missing.
Keep out of reach of children.
Store in a cool, dry place.

Contains no artificial colors or preservatives.



We Buy 100% Certified
Renewable Energy



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Bottle

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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