

**Goatein**® is a unique protein powder made from goat's milk. As an animal protein, **Goatein**® is an excellent source of complete protein containing all eight essential amino acids. Since goat's milk protein molecules are structured differently than cow's milk protein molecules, **Goatein**® is easy to digest and can be tolerated by many people who cannot digest cow's milk. **Goatein**® goats are not fed pesticides, herbicides, growth hormones or antibiotics.

**Notice:** This product should be used as a dietary supplement only. Do not use for weight reduction.

**CAUTION:** As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

**Keep out of reach of children.**

Store in a cool, dry place.

Do not use if safety seal is broken or missing.

Contains no filler ingredients, artificial colors or preservatives.

This product is made with natural ingredients; therefore color and taste may vary from lot to lot.



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† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# Goatein®

## Pure Goat's Milk Protein

**13 GRAMS OF COMPLETE PROTEIN PER SERVING**

Net Weight 440 Grams Whole Food Dietary Supplement

**Suggested Use:** Take one scoop (scoop included) mixed with 8 ounces of juice or water as often as desired. Blend or shake vigorously. To dissolve more easily, add powder to 1-2 ounces of warm water, shake and add remainder of liquid. Great in smoothies, mixed in hot cereals or sprinkled on yogurt. Not intended for children.

## Supplement Facts

Serving Size 1 scoop (Approximately 20g)  
Servings Per Container Approximately 22

| Amount Per Serving                   | % Daily Value |
|--------------------------------------|---------------|
| Calories 80                          |               |
| Calories from Fat 5                  |               |
| Total Fat 0.5 g                      | 1%*           |
| Cholesterol 5 mg                     | 2%*           |
| Total Carbohydrate 5 g               | 2%*           |
| Dietary Fiber 1 g                    | 4%*           |
| Sugars 3 g                           | +             |
| Other Carbohydrate 1 g               | +             |
| Protein 13 g                         | 26%*          |
| Calcium (naturally occurring) 270 mg | 27%*          |

\* Percent Daily Values based on 2,000 calorie diet.  
+ Daily value not established.

**Ingredients:** Goat's Milk Protein Concentrate, Natural Vanilla Flavor, Guar Gum, Lo Han Fruit Concentrate. Contains: Milk. Gluten Free. Filled by weight not volume. Settling may occur.

**Distributed by Garden of Life LLC**

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Made in the U.S.A. [www.gardenoflife.com](http://www.gardenoflife.com)

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