



ShopRite®

Melatonin

3mg

DIETARY SUPPLEMENT

SLEEP AID*

120 TABLETS



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
Melatonin 3 mg	**
(as n-Acetyl-5-Methoxytryptamine)	

**Daily Value not established.

OTHER INGREDIENTS: CALCIUM CARBONATE, CELLULOSE (PLANT ORIGIN), CROSCARMELLOSE. CONTAINS LESS THAN 2% OF: SILICA, VEGETABLE MAGNESIUM STEARATE.

Trans Fat 0g

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product. Limit use to two months with a break of one week. Not intended for use by persons under the age of 18.

FREE OF: yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial color, artificial flavor, sodium (less than 5 mg per serving).

Keep out of reach of children. Store at room temperature 15°-30° C (59°-86° F), tightly closed. Safety Sealed. Do Not Use If Seal Under Cap Is Cut, Torn or Missing.

With the hectic pace of daily living, is it any wonder that sleep comes at a premium? Melatonin helps you leave your busy day behind. Melatonin works in harmony with your natural sleep cycle to give you the tranquil rest you deserve, so you can awaken feeling refreshed.* Inspired by the natural rhythm of life, Melatonin is an ideal choice for people experiencing occasional sleeplessness, those with jet lag, or those seeking to improve their quality of rest.*

DIRECTIONS: For adults, take one (1) tablet at bedtime as Melatonin may produce drowsiness. As a reminder, discuss the supplements and medications you take with your health care providers.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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QUALITY GUARANTEE

Call: 1-800-ShopRite
or Contact Us: www.shoprite.com

Actual size
of tablet