

Conforms to USP <2091> for weight.
No Artificial Colors, No Artificial Flavors, No Wheat, Gluten Free, No Dairy, Yeast Free.
CurcuWIN™ and Lutemax® 2020 trademarks belong to OmniActive Health Technologies.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222



**PHYSICIAN
ENDORSED***

♦ This product is endorsed by the GNC Medical Advisory Board. This team of esteemed physicians utilizes their extensive medical knowledge and experience to aid in the creation of GNC premium products, helping you to achieve optimal health through comprehensive nutritional support so you can live your best life!

*In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blends for six weeks experienced significant improvements in serum levels of certain key nutrients compared to a placebo and a leading multivitamin formula based upon multivariate statistical analyses of a group of B vitamins (thiamin, niacin, riboflavin, pantothenic acid, biotin, folic acid and vitamins B-6 and B-12) and key antioxidants and carotenoids (a group of beta-carotene, alpha-tocopherol, selenium, lutein and lycopene). Statistical improvements in SF-36 Vitality and Mental Health scores were also observed compared to placebo.

GNC QUALITY COMMITMENT

For more than 79 years, GNC has been the leader in the development of superior nutritional supplements. Our products are produced using only fresh, high-quality ingredients and are manufactured under the strictest quality controls.

GNC

WOMEN'S ULTRA MEGA® Active

More antioxidant power than ever and over 30 clinically studied ingredients in every formula – all in smaller, easier-to-swallow pills.

✔ Women's Health

Contains a clinically studied women's multivitamin formula shown to work better than a basic multivitamin.[^] Helps support bone health.*

✔ Energy Production

Shown to improve levels of key B vitamins[^] essential for energy production.*

✔ Recovery

Packed with ingredients to help fight free radicals that can be produced from your workout.*

✔ Antioxidants

Includes antioxidants for cell protection and stress defense.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC

WOMEN'S ULTRA MEGA® Active

Dietary Supplement

CLINICALLY STUDIED MULTIVITAMIN*

- Energy Production
- Recovery
- Antioxidants



**PHYSICIAN
ENDORSED***

Timed-Release
90 CAPLETS

**NEW!
SMALLER
PILLS**

CODE 202012

Directions: As a dietary supplement, take two caplets daily with food.

Supplement Facts

Serving Size Two Caplets
Servings Per Container 45

Amount Per Serving	% Daily Value
Vitamin A (50% as beta-Carotene & 50% Retinyl Acetate)	5000 IU100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	200 mg333%
Vitamin D (as Cholecalciferol D-3)	1600 IU400%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	30 IU100%
Vitamin K (as Phytanadione)	80 mcg100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg3333%
Riboflavin (Vitamin B-2)	50 mg2941%
Niacin (as Niacinamide & Niacin)	50 mg250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg2500%
Folic Acid	400 mcg100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg833%
Biotin	300 mcg100%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg500%
Calcium (as Calcium Carbonate & Calcium Ascorbate)	500 mg50%
Iron (as Ferrous Fumarate)	18 mg100%
Iodine (as Potassium Iodide)	150 mcg100%
Magnesium (as Magnesium Oxide)	100 mg25%
Zinc (as Zinc Oxide)	25 mg167%
Selenium (as L-Selenomethionine)	200 mcg286%
Copper (as Copper Sulfate)	2 mg100%
Manganese (as Manganese Sulfate)	2 mg100%
Chromium (as Chromium Chloride)	120 mcg100%
Molybdenum (as Sodium Molybdate)	75 mcg100%

Super Antioxidant Blend

alpha-Lipoic Acid	25 mg*
Lutemax® 2020 Lutein	2 mg*
Lycopene	1 mg*
Turmeric Root Extract (CurcuWIN™)(Curcuma longa)(Standardized to Curcuminoids)	500 mcg*
Zeaxanthin (as Zeaxanthin Isomers)	400 mcg*
Astaxanthin (from Haematococcus pluvialis)	50 mcg*
beta-Cryptoxanthin	10 mcg*

Performance Energy & Metabolism Blend

Green Tea Leaf Extract (Camellia sinensis)(Standardized to EGCG)	30 mg*
Choline (as Choline Bitartrate)	10 mg*
Betaine (Trimethylglycine)	10 mg*
Inositol	10 mg*
Boron (as Sodium Borate)	2 mg*
Grape Seed Extract (Vitis vinifera)(Standardized to Polyphenols)	1 mg*
Vanadium (as Sodium Metavanadate)	10 mcg*

Joint & Skin Support Blend

MSM (Methylsulfonyl-methane)	12 mg*
Silica (as Silicon Dioxide)	4 mg*
Hyaluronic Acid (as Sodium Hyaluronate)	2 mg*

* Daily Value not established.

Other Ingredients: Cellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Titanium Dioxide (Natural Mineral Whitener), Natural Vanilla Mint Flavor, Talc, Chlorophyll, Stevia Leaf Extract.
CONTAINS: Fish and Soybeans.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.