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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.


SPRING VALLEY™

Biotin

1000 mcg PER SOFTGEL

DIETARY SUPPLEMENT

♀ HAIR/SKIN/NAIL HEALTH*

Biotin is a B vitamin that is essential for healthy energy metabolism and also supports healthy hair, skin, and nails.*

150 SOFTGELS

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value	
Biotin	1,000 mcg	333%
(as d-Biotin)		

OTHER INGREDIENTS: Soybean Oil, Gelatin, Glycerin, Yellow Beeswax, Titanium Dioxide Color.

DISTRIBUTED BY:

Wal-Mart Stores, Inc.,
Bentonville, AR 72716
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SUGGESTED USE: Adults, take one softgel one to five times daily, preferably with a meal.

NO

Gluten, Yeast, Wheat, Milk or Milk Derivatives, Lactose, Sugar, Preservatives, Artificial Flavor, Sodium (less than 5 mg per serving)

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. It is advisable to consult your doctor before using biotin doses above 2,500 mcg per day. If any adverse reactions occur, stop use and consult your doctor.

KEEP OUT OF REACH OF CHILDREN. Store at room temperature 59° - 86°F (15° - 30°C). Keep bottle tightly closed.

FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

• **QUALITY GUARANTEED** •

For questions or comments call
1-866-251-1662.
Walmart.com/springvalley

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FRESHNESS AND POTENCY GUARANTEED THROUGH: