

FOR YOUR
PROTECTION,
DO NOT USE IF
SEAL UNDER
CAP IS BROKEN
OR MISSING.

108234



*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

SPRING VALLEY™

Biotin

5000 mcg PER
SOFTGEL

DIETARY SUPPLEMENT

♀ HAIR/SKIN/NAIL HEALTH*

Biotin is a B Vitamin that is essential for healthy energy metabolism and also supports healthy hair, skin, and nails.*

240 SOFTGELS

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
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Biotin (as d-Biotin)	5,000 mcg	1,667%
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OTHER INGREDIENTS: Soybean Oil, Gelatin, Glycerin, Yellow Beeswax, Titanium Dioxide Color.

DISTRIBUTED BY:
Wal-Mart Stores, Inc.,
Bentonville, AR 72716
PRODUCT OF CHINA

SUGGESTED USE: Adults, take one softgel one to two times daily, preferably with a meal.

NO

Gluten, Yeast, Wheat, Milk or Milk Derivatives, Lactose, Sugar, Preservatives, Artificial Flavor, Sodium (less than 5 mg per serving)

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. It is advisable to consult your doctor before using biotin doses above 2,500 mcg per day. If any adverse reactions occur, stop use and consult your doctor.

KEEP OUT OF REACH OF CHILDREN.
Store at room temperature 59° - 86°F (15° - 30°C). Keep bottle tightly closed.

• QUALITY GUARANTEED •

Spring Valley™ products are produced under strict quality guidelines. If you are unhappy with this product, we'll replace it or refund your money.

For questions or comments call
1-866-251-1662.
Walmart.com/springvalley

FRESHNESS AND POTENCY GUARANTEED THROUGH:

Item No. 57766
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