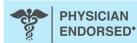
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KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. For More Information:



#### 1-888-462-2548 SHOP NOW @ GNC.COM

Distributed by: General Nutrition Corporation Pittsburgh, PA 15222



• This product is endorsed by the GNC Medical Advisory Board. This team of esteemed physicians utilizes their extensive medical knowledge and experience to aid in the creation of GNC premium products, helping you to achieve optimal health through comprehensive nutritional support so you can live your best life!

'În a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blends for six weeks experienced significant improvements in serum levels of certain key nutrients compared to a placebo and a leading multivitamin formula based upon multivariate statistical analyses of a group of B vitamins (thiamin, laician, fibolitavin, pantiothenic acid, biotin, folic acid and vitamins B-6 and B-12) and key antioxidants and carotenoids (a group of beta-carotene, alpha-tocophero), selenium, Lutein and lycopene). Statistical improvements in SF-38 Vitality and Mental Health scores were also observed compared to placebo.

#### **GNC QUALITY COMMITMENT**

For more than 79 years, GNC has been the leader in the development of superior nutritional supplements. Our products are produced using only fresh, high-quality ingredients and are manufactured under the strictest quality controls.



# WOMEN'S ULTRA MEGA° Energy & Metabolism



More antioxidant power than ever and over 30 clinically studied ingredients in every formula – all in smaller, easier-to-swallow pills.

## Women's Health

Contains a clinically studied women's multivitamin formula shown to work better than a basic multivitamin. Helps to support bone health \*

## Energy

Shown to improve levels of key B vitamins essential for energy production.\*

## Calorie Burning

Features a combination of thermogenic ingredients that may support calorie burning and mental sharpness.\*

## Antioxidants

Packed with antioxidants to help fight free radicals that can be produced by intense exercise.\*

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.





# WOMEN'S ULTRA MEGA® Energy & Metabolism

**Dietary Supplement** 

#### CLINICALLY STUDIED MULTIVITAMIN<sup>a</sup>

- Energy
- Calorie Burning
- Antioxidants



CODE 202312

Directions: As a dietary supplement, take two caplets daily with food.

# Supplement Facts

Serving Size Two Caplets Servings Per Container 45

Amount Per Serving	% Daily Value
Vitamin A (50% as beta-Carotene & 50% Retinyl Acetate)	5000 IU100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	
Vitamin D (as Cholecalciferol D-3)	
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	
Vitamin K (as Phytonadione)	80 mca 100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	
Riboflavin (Vitamin B-2)	50 mg2941%
Niacin (as Niacinamide & Niacin)	50 mg250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	
Folic Acid	
Vitamin B-12 (as Cyanocobalamin)	
Biotin	
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg500%
Calcium (as Calcium Carbonate & Calcium Ascorbate)	
Iron (as Ferrous Sulfate)	18 mg100%
lodine (as Potassium lodide)	150 mcg100%
Magnesium (as Magnesium Oxide)	100 mg25%
Zinc (as Zinc Oxide)	25 mg167%
Selenium (as L-Selenomethionine)	200 mcg286%
Copper (as Copper Sulfate)	2 mg100%
Manganese (as Manganese Sulfate)	2 mg100%
Chromium (as Chromium Chloride)	120 mcg100%
Molybdenum (as Sodium Molybdate)	

alpha-Lipoic Acid	25 mg
Lutemax® 2020 Lutein	2 mg
Lycopene	
Turmeric Root Extract (CurcuWIN")(Curcuma longa)(Standard	ized to Curcuminoids)500 mcg
Zeaxanthin (as Zeaxanthin Isomers)	400 mcg
Astaxanthin (from Haematococcus pluvialis)	50 mcg
beta-Cryptoxanthin	10 mcg
nergy & Metabolism Blend	
Caffeine Anhydrous, Green Tea Extract (Camellia sinensis)(	Standardized to Polyphenols), Capsimax®
Considure Cond Extract (Considure annuum), Block Danner	Enuit Extract / Dinor nignum)

Silica (as Silicon Dioxide) .....

\* Daily Value not established

Super Antiovidant Blend

Other Ingredients: Cellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Titanium Dioxide (Natural Mineral Whitener), Natural Vanilla Mint Flavor, Talc, Chlorophyll, Stevia Leaf Extract.

#### CONTAINS: Fish and Sovbeans.

**WARNING:** Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

#### Contains 100 mg of caffeine.

Conforms to USP <2091> for weight.

No Artificial Colors, No Artificial Flavors, No Wheat, Gluten Free, No Dairy, Yeast Free,