

Supplement Facts

Serving Size: 1 packet (1.5g)
Servings Per Container: 28

Amount Per Serving		% Daily Value for Pregnant & Lactating Women
Calories	4	
Fat	0g	†
Carbohydrates	1g	†
Protein	0g	†
Vitamin C (as Ascorbic Acid, USP-FCC)	30mg	50%
Vitamin D2 (as Ergocalciferol, USP)	900IU	225%
Vitamin B2 (as Riboflavin, USP-FCC)	1.7mg	85%
Vitamin B6 (as Pyridoxine Hydrochloride, USP-FCC)	30mg	1154%
Folic Acid	800mcg	100%
Vitamin B12 (as Cyanocobalamin, USP)	6mcg	75%
Biotin (USP)	300mcg	100%
Calcium (as Calcium Lactate, USP-FCC)	100mg	8%
Iron (as Ferrous Bisglycinate Chelate)	9mg	50%
Magnesium (as Magnesium Citrate, USP)	60mg	13%
Zinc (as Zinc Citrate, USP)	7.5mg	50%
Copper (as Copper Gluconate, USP)	2mg	100%

† Daily Value Not Established

Other Ingredients: Natural Flavors, Citric Acid, Stevia Extract

Manufactured for Luna Pharmaceuticals, Inc., Providence, RI 02903 USA

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

As with any supplement, if you are pregnant, nursing or taking medication, consult your doctor before use.

Store at room temperature. Avoid excessive heat.

KEEP OUT OF REACH OF CHILDREN.

Do not use this product if safety seal on flap is torn or missing.

DIRECTIONS: Use one packet daily. Mix one packet with at least 12oz of any flavored beverage. Do not mix it with plain water. Blend well to completely dissolve.

Enjoy Premama® any of these refreshing ways:



Mix it with your favorite flavored beverages.



Do not mix it with plain water.



Blend it into your favorite smoothie.

Look for these other Premama® products:



Fertility • Lactation
Essentials + DHA • Digestive Aid

Questions or Comments? Call 1(401)383-0299
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from domestic and imported ingredients

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premama®
The Prenatal Vitamin You Can Drink!



vitamin angels®
PROUD SUPPORTER

premama®
Prenatal Vitamin Drink Mix
Essentials

Essential Nutrients
With Folic Acid and Iron

Doctor Recommended
Developed by OB/GYNs

Soothes*
Morning Sickness
Contains 30mg of Vitamin B6



DIETARY
SUPPLEMENT

Unflavored
28 PACKETS
NET WT 1.48oz (42g)



Use Before, During &
After Pregnancy.



Folic Acid to help
support prenatal
health.*



B Vitamins to boost
energy and soothe symptoms
of morning sickness.*



Ferrochel® Gentle Iron
to help minimize iron-induced
constipation.*

Easy To Drink,
Easy On Your Stomach.



GLUTEN
FREE



VEGAN



NON-GMO

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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