

Creatine is a naturally occurring amino acid that has been shown to supply energy to all cells in the body to help stimulate muscle strength and energy.*

Doctor's Best Creatine Powder uses Creapure®, the highest quality micronized creatine that is specifically designed to enhance biovoluminization. Creapure® is scientifically tested to provide the ready source of energy for the athlete on the go.*

Helps increase muscle mass*

Helps generate ATP for energy, strength & endurance*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for **Doctor's Best, Inc.**
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**Doctor's
BEST**®

**Science-Based
Nutrition™**

**Dietary
Supplement**

**Creatine
Powder** Featuring
Creapure®

HELPS INCREASE MUSCLE MASS*

HELPS GENERATE ATP FOR ENERGY*

10.6 oz. (300 grams) **Vegan™**

Supplement Facts

Serving Size 1 scoop (5 grams)

Servings per container Approximately 60 servings

	Amount per serving	% Daily Value
Creatine Monohydrate (as Creapure®)	5,000 mg	†

† Daily Value not established.

Other Ingredients: None

Suggested Adult Use: Consume 20 - 25 grams for 4 - 5 days to help promote muscle saturation. Maintain creatine levels with 5 - 7 grams per day thereafter. Try adding Best Creatine to your favorite protein supplement, meal replacement or high-glycemic carbohydrate supplement. Combine with a sensible diet and regular physical activity.

Non-GMO / Gluten Free / Vegan

Store in a cool dry place.

Creapure® is a registered trademark of AlzChem AG



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