



Heart Choice[®] plant sterols

specialty
60 softgels
dietary supplement

cardiovascular[▼]
cholesterol[▼]

gluten
free

dairy
free

nut
free

actual size

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Phytosterol Concentrate Providing 97% Total Sterols	650 mg	*

* Daily Value not established.

Other ingredients: Gelatin, glycerin, purified water, caramel powder, titanium dioxide.

Contains: Soy.

Does not contain: Yeast, Corn, Wheat, Gluten, Salt, Dairy, Citrus, Fish, Preservatives, Artificial Colors or Flavors.

▼ **These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Heart Choice[®] Nature's Choice for a Healthy Heart is a registered trademark of BASF.

DIRECTIONS: As a dietary supplement, take one (1) softgel twice daily, preferably with meals.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

Foods containing at least 0.65 grams per serving of vegetable oil sterol esters, eaten twice a day with meals for a daily total intake of at least 1.3 grams, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. A serving of "Heart Choice[®] Plant Sterols" supplies 0.65 grams of vegetable oil sterol esters.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

Distributed by: Vitamin Shoppe, Inc. Secaucus, NJ 07094
Visit www.vitaminshoppe.com
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Item No. VS-1779 1633916

