

#1 BRAND FOR HAIR, SKIN & NAILS



OPTIMAL SOLUTIONS®

HAIR, SKIN & NAILS GUMMIES

With Biotin
2500 mcg per serving

Skin & Hair Nutrients*

HEALTH & BEAUTY

NEW
IMPROVED
TASTE



230 Strawberry Flavored
gummies

DIETARY SUPPLEMENT

ITEM# 983287



Beauty Starts on the Inside™

At Nature's Bounty, we believe health and beauty go hand in hand. With over 40 years of making quality vitamins and more than 20 years in the beauty business, you can trust that every Nature's Bounty® product is backed by science, and made with the purest ingredients...guaranteed. *Beauty Starts on the Inside™*

- ✓ Antioxidants Vitamin C & E
- ✓ Naturally Sourced Colors and Flavors
- ✓ Guaranteed Quality
- ✓ Laboratory Tested

No Artificial Flavor, No Artificial Sweetener, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish.

WARNING: If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

DIRECTIONS: For adults, take two (2) gummies daily, preferably with a meal.

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 115

Amount Per Serving	%Daily Value	
Calories	15	
Total Carbohydrate	3 g	1%**
Sugars	2 g	***
Vitamin C (as Ascorbic Acid)	15 mg	25%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	15 IU	50%
Biotin (as d-Biotin)	2,500 mcg	833%
Sodium	10 mg	<1%

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Sugar, Corn Syrup, Dicalcium Phosphate, Gelatin. **Contains <2% of:** Citric Acid, Fractionated Coconut Oil (Contains Carnauba Wax), Lactic Acid, Maltodextrin, Natural Strawberry Flavor, Pectin, Silica, Vegetable Juice (color).

Natural color variation is normal and does not affect the quality of the product.

Source: Nielsen xAOC 52 weeks ending 2/20/16.

Carefully Manufactured by
NATURE'S BOUNTY, INC.
Bohemia, NY 11716 U.S.A.
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Made In The
USA with select
ingredients
from around
the world

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Nutrition Questions or Comments?
Call 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

Join our Loyalty Program at
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