

#1 BRAND FOR HAIR, SKIN & NAILS[◊]



OPTIMAL SOLUTIONS[®]

HAIR, SKIN & NAILS GUMMIES

With Biotin
2500 mcg per serving

Skin & Hair Nutrients*

HEALTH & BEAUTY

NEW
IMPROVED
TASTE



90 Strawberry Flavored
gummies

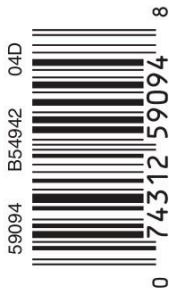
DIETARY SUPPLEMENT

★
Made In The
USA with select
ingredients
from around
the world

*This statement has not been
evaluated by the Food and Drug
Administration. This product is not
intended to diagnose, treat, cure or
prevent any disease.

☎ Nutrition Questions or Comments?
Call 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

Join our Loyalty Program at
NaturesBountyRewards.com



Beauty Starts on the Inside™

At Nature's Bounty, we believe
health and beauty go hand in hand.
With over 40 years of making
quality vitamins and more than 20
years in the beauty business, you
can trust that every Nature's
Bounty[®] product is backed by
science, and made with the purest
ingredients...guaranteed. *Beauty
Starts on the Inside™*

- ✓ Antioxidants Vitamin C & E
- ✓ Naturally Sourced Colors
and Flavors
- ✓ Guaranteed Quality
- ✓ Laboratory Tested

No Artificial Flavor, No Artificial Sweetener,
No Milk, No Lactose, No Soy, No Gluten, No
Wheat, No Yeast, No Fish.

WARNING: If you are pregnant, nursing,
taking any medications, planning any
medical or surgical procedure or have any
medical condition, consult your doctor
before use. Discontinue use and consult
your doctor if any adverse reactions occur.
Keep out of reach of children. Store at room
temperature. Do not use if seal under cap is
broken or missing.

DIRECTIONS: For adults, take two (2)
gummies daily, preferably with a meal.

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 45

Amount Per Serving	%Daily Value	
Calories	15	
Total Carbohydrate	3g	1%**
Sugars	2g	***
Vitamin C (as Ascorbic Acid)	15 mg	25%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	15 IU	50%
Biotin (as d-Biotin)	2,500 mcg	833%
Sodium	10 mg	<1%

**Percent Daily Values are based on a
2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Sugar, Corn Syrup,
Dicalcium Phosphate, Gelatin. **Contains**
<2% of: Citric Acid, Fractionated Coconut
Oil (Contains Carnauba Wax), Lactic Acid,
Maltodextrin, Natural Strawberry Flavor,
Pectin, Silica, Vegetable Juice (color).

Natural color variation is normal and does
not affect the quality of the product.

◊Source: Nielsen xAOC 52 weeks ending
2/20/16.

Carefully Manufactured by
NATURE'S BOUNTY, INC.
Bohemia, NY 11716 U.S.A.
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