

Suggested Usage: As a dietary supplement, adults may take **2 capsules daily with food** for 1 to 2 weeks or as directed by your healthcare professional.

The dose may then be increased to **4 capsules daily with food** for 2 to 4 months or as directed by your healthcare professional.

After 2 to 4 months, dosage may be lowered back down to **2 capsules daily with food** and may continue on that dosage as needed or as directed by your healthcare professional.

WARNING: Consult your healthcare professional before use if you are pregnant, nursing or taking prescription medications.

This product contains NO yeast, wheat, gluten, soy, milk/dairy, corn, sodium, sugar, artificial coloring, artificial preservatives, artificial flavoring, or genetically modified organisms (GMOs).

Bioperine® is a registered trademark of Sabinsa Corporation.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Manufactured by:

Douglas Laboratories

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Formula #202060

EstroQuench™

Hormone Specific™ Formulation

A Dietary Supplement



120 Vegetarian Capsules

Supplement Facts

Serving Size	2 Vegetarian Capsules	4 Vegetarian Capsules
Servings Per Container	60	30

Amount Per Serving	%DV	%DV
Proprietary Blend	1,150 mg*	2,300 mg*
Maca 4:1 root Extract (<i>Lepidium meyenii</i>), Damiana 4:1 leaf Extract (<i>Turnera diffusa</i>), Hesperidin (<i>Citrus sinensis</i>), Agaricus mushroom 8:1 mycelia Extract (<i>Agaricus bisporus</i>), <i>Brassaiopsis glomerulata</i> 10:1 leaf Extract, <i>Eurycoma longifolia</i> 100:1 root Extract, Mangosteen fruit Extract (<i>Garcinia mangostana</i>), Pomegranate Hull Extract (<i>Punica granatum</i> L. standardized to 70% Ellagic Acid), Naringenin (<i>Citrus grandis</i> L., fruit), Chrysin		
Bioperine®	2.5 mg *	5 mg *
(black pepper fruit extract/ <i>Piper nigrum</i>)		

*Daily Value not established.

Other ingredients: Hydroxypropyl methylcellulose (capsule), cellulose, vegetable stearate, and silica