

H-E-B**Vitamin
B-12****1,000 mcg****VITAMIN SUPPLEMENT****SUPPORTS ENERGY METABOLISM***

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

60 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		% Daily Value
Vitamin B-12	1,000 mcg	16,667%
(as Cyanocobalamin)		

OTHER INGREDIENTS: DICALCIUM PHOSPHATE, MANNITOL, CELLULOSE (PLANT ORIGIN), CROSCARMELLOSE, VEGETABLE STEARIC ACID, CONTAINS <2% OF: CELLULOSE COATING, SILICA, VEGETABLE MAGNESIUM STEARATE.

Gluten Free

The B vitamins play a role in energy metabolism in the body.*

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SUGGESTED USE: FOR ADULTS, TAKE ONE (1) TABLET DAILY, PREFERABLY WITH A MEAL.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN

Store at room temperature (59°-86° F).

**MADE WITH PRIDE AND CARE FOR H-E-B®,
SAN ANTONIO, TEXAS 78204
5943-1604**

Questions or comments?
1-800-432-3113

**100%
GUARANTEE
promise**

If you aren't completely pleased with this product, we'll be happy to replace it or refund your money. You have our word on it.

**ACTUAL
SIZE**

Prod No. 45109 B1380 02B

Freshness and potency
guaranteed through:

0 41220 81832 7