

H-E-B**Melatonin****3 mg****DIETARY SUPPLEMENT****SLEEP AID***
HELPS PROMOTE RELAXATION AND SLEEP*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

60 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Melatonin	3 mg **

**Daily Value not established.

OTHER INGREDIENTS: CALCIUM CARBONATE, CELLULOSE (PLANT ORIGIN), CROSCARMELOSE, CONTAINS <2% OF: SILICA, VEGETABLE MAGNESIUM STEARATE.

Gluten Free

Melatonin is an excellent choice for people experiencing occasional sleeplessness or anyone who just wishes to improve the quality of their sleep.*

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SUGGESTED USE: FOR ADULTS, TAKE ONE (1) TABLET ONLY AT BEDTIME AS MELATONIN MAY PRODUCE DROWSINESS.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product. Limit use to two months with a break of one week. Not intended for use by persons under the age of 18.

KEEP OUT OF REACH OF CHILDREN
Store at room temperature (59°-86° F).

MADE WITH PRIDE AND CARE FOR H-E-B®,
SAN ANTONIO, TEXAS 78204
5878-1604

Questions or comments?
1-800-432-3113

100%
GUARANTEE
promise

If you aren't completely pleased with this product, we'll be happy to replace it or refund your money. You have our word on it.

ACTUAL
SIZE

Prod No. 7901 B52973 04B

Freshness and potency
guaranteed through:

0 41220 81841 9