

Supplement Facts

Serving Size 2 Capsules Servings Per Container 90

Amount Per Serving	% Daily	Value
Chromium (as Chromium Picolinate)	400 mcg	333%
*Cinnamon (Cinnamomum burmannii) (bark)	1,000 mg (1	g) **
*Cinnamon (Cinnamomum spp.) (bark) (from 250 mg of a 4:1 Extract)	1,000 mg (1	g) **
**Daily Value not established.		

OTHER INGREDIENTS: GELATIN, CELLULOSE (PLANT ORIGIN), CONTAINS <2% OF: SILICA, VEGETABLE MAGNESIUM STEARATE.

Cinnamon is an ancient herb that has gained widespread popularity. This specially formulated supplement combination helps support your nutrition plan.

Gluten Free

OPENED AND THE CONTENTS ADDED TO YOUR FAVORITE BEVERAGE OR FOOD.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

SUGGESTED USE: FOR ADULTS, TAKE TWO (2) CAPSULES

DAILY, PREFERABLY WITH A MEAL. CAPSULES CAN BE

KEEP OUT OF REACH OF CHILDRENStore at room temperature (59°-86° F).

(Questions or comments? 1-800-432-3113

MADE WITH PRIDE AND CARE FOR H-E-B[®], SAN ANTONIO, TEXAS 78204 1603



ACTUAL SIZE

Freshness and potency guaranteed through:

180 CAPSULES

Prod No. 56822 B56822 01A