

"At Nutrition53, we collaborated with the top doctors, scientists and nutritionists in the world to deliver the highest quality nutritional products that perform for you. It is our promise and commitment to help you every step of the way towards achieving your active, healthy lifestyle."

- Bill Romanowski. Nutrition53 Founder & 4 Time Super Bowl Champion

Getting lean never tasted so good!

Get lean and balanced nutrition with the Lean1 Fat Burning Meal Replacement, You'll notice the Lean1 difference right away. The incredible taste, the energy, and the satisfaction of knowing that you're giving your body the right balance of nutrients to help you look and feel your best each and every day.

HOW TO USE Lean1"

- For Weight Loss, Replace 1-2 Meals a Day
- Por Performance, Before and After Workouts For an In-Between Meal
- Healthy Snack Option
- For a Delicious Low -Calorie Dessert Option

WARNING:

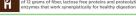
Lean1 Fat Burning Meal Replacement is intended for individuals who are serious about having a lean, fit, defined body.

ANTIOXIDANT PROTECTION

loost antioxidant power with 17 fruits and vegetables ncluding super fruits like acai, mangosteen and goli, along with 27 vitamins and minerals and 1000 IU of vitamin D3



ean1 promotes natural gut health with the combination of 12 grams of fiber, lactose free proteins and proteolytic



HELPS BURN BODY FAT FASTER Green coffee bean extract has two beneficial ingredients for weight loss which are caffeine and chlorogenic acid.



TONES AND DEFINES MUSCLES Nutrition53's protein matrix made of whey isolate. milk isolate, pea isolate, micellar casein and sodium caseinate helps to define lean muscle.

CURBS HUNGER CRAVINGS

Bioactive nutrients like fiber, milk protein isolate and amino acids work together while losing weight to help you feel ull, satisfied and energized without feeling hungry



Supplement Facts

Calories

Calories f

Total Fat

Saturated Cholestero Total Carbo Dietary F Soluble Sugars

Vitamin A as

Vitamin E

Riboflavin

Vitamin B6

Vitamin C as ascorbic acid

ias DL-alpha tocopheryl acetatri

Thiamin as thanine hydrocloridel

Vitamin B12 (as cyanocobalamin)

Vitamin K us obviocacione

Niacin (as nacinamide

Oss puridosine hudrochloride

Foliate on train year.

Pantothenic Acid

ias D-calcium partiotherate

Iron (as terrous tumarate

Magnesium

Zinc (as zinc oxide)

lodine (as potassium iodide)

Selenium ou sodum selenatri

COPPET (as copper gluconate)

** Daily Value not establishe

Manganese (as manganese suttori 1 mg

Molybdenum (as sodium molybdate) 37.5 mcg 50%

	Amount Per Serving	% Daily Value*
	220	
om Fat	60	
om Saturated Fai	10	
	6 g	9%*
Fat	1 g	5%*
	5 mg	2%
ydrate	27 g	9%*
per	12 g	48%
Fiber	10 g	**
	10 g	
	20 g	
saltannia A nationitatei	2500 III	5046

30 mg 50%

1000 III 2505

15 IU 50%

40 mca 5050

0.85 mg 505

10 mg 50%

1 mg 50%

200 mm 50%

3 mcg 50%

150 mcg 50%

5 mg 50%

80 mg 8%

9 mg 50%

200 mg 2050

75 mcg 50%

38 mg 105

7.5 mg 50%

35 mcg 50%

315 mg 9%

270 mg 1150

470 mg 13%

1 mn

0.75 mg 505

Lean1 is made in a sport certified manufacturing facility. This means that every ingredient and every batch of Lean1 that is produced is tested to the highest standard so you can feel confident about what you're putting in your body BLENDER SHAKER GLASS

ntains ingredients derived from milk and sov.

INGREDIENTS: NS3 Protein Matrix (Milk Protein Isolate











Manufactured for distribution by

Nutrition53, Inc., Lafavette, CA 94549 Item L00222 For more product information, visit www.Nutrition53.com or call us at 1-888-4-Team53 (888-483-2653)







LACTOSE FREE PROTEIN

FRUITS AND VEGETABLES

FORMULA

EXTRACT

NET WT 1.98 lbs. (900G) DIETARY SUPPLEMENT