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Why Six Star® Unflavored Whey Protein Plus is the Smarter Choice

Six Star® Unflavored Whey Protein Plus is from the makers of MuscleTech®, America's #1 Selling Body Building Supplement Brand, so you know it's a powerful formula you can trust. And unlike cheaper formulas, Six Star® Unflavored Whey Protein Plus is powered primarily by ultra-filtered and instantized protein for fast absorption and easy mixing. Trust Six Star® Unflavored Whey Protein Plus for the best formula, best taste and best results!

Who is Six Star® Unflavored Whey Protein Plus For?

- ★ Active Men & Women
- ★ Fitness Enthusiasts
- ★ Strength Trainers
- ★ Body Builders
- ★ Athletes
- ★ Endurance Athletes

What Are the Benefits of Six Star® Unflavored Whey Protein Plus?

- ★ Mixes easily for your convenience
- ★ Features ultra-pure and instantized protein
- ★ Boosts strength for better workouts when used to meet your daily requirements*
- ★ Provides fast-absorbing BCAAs (leucine, isoleucine and valine)
- ★ Ultra-filtered whey to reduce fat, lactose and impurities
- ★ Helps you recover after workouts*

How do I use Six Star® Unflavored Whey Protein Plus?

Six Star® Unflavored Whey Protein Plus is the perfect way to add high-quality protein to your favorite shakes and recipes. It's so versatile you can use it in oatmeal, pancakes, sweet or savory baked goods, and more to make delicious meals with an added nutritional boost! Now you don't just have to drink your whey protein—with this multi-purpose protein mix, you can enjoy it any number of ways and give your body the nutrition it craves. Getting the protein you need is important to achieving your fitness goals, and Six Star® Unflavored Whey Protein Plus can help you meet your daily requirements in a convenient way, whenever and however you choose!

TRY THESE TASTY RECIPES!

Strawberry Banana Explosion Smoothie

- INGREDIENTS**
- 1 scoop Six Star® Unflavored Whey Protein Plus
 - 1/2 cup skim milk
 - 1/2 cup fresh/frozen strawberries
 - 1 full banana
 - 4 to 5 ice cubes
 - 1 tsp. Flavored powder

- DIRECTIONS**
1. Put milk and ice cubes in a blender and blend until smooth.
 2. Add rest of ingredients and blend for 20 seconds.

Protein Porridge Pancakes

- INGREDIENTS**
- 1 Scoop Six Star® Unflavored Whey Protein Plus
 - 1 scoop porridge oats
 - 1 large egg
 - 250ml. almond milk
 - cinnamon

- DIRECTIONS**
1. In a bowl, combine all ingredients.
 2. Scoop a large ladle of protein porridge onto a hot pan and form into a pancake.
 3. Cook until golden on both sides. Butter makes approximately 4 large porridge protein pancakes.

Protein Banana Bread Muffins

- INGREDIENTS**
- 1/4 cup Six Star® Unflavored Whey Protein Plus
 - 1 cup whole wheat flour
 - 3/4 cup baking powder
 - 1 tsp. baking soda
 - 1 tsp. cinnamon
 - 1/2 cup plain Greek yogurt
 - 2 eggs
 - 2 large bananas, mashed
 - 1/2 cup milk of choice
 - 1/2 tsp. vanilla extract

- DIRECTIONS**
1. Mix dry ingredients together in a mixing bowl.
 2. Add in Greek yogurt, eggs, mashed bananas, milk and vanilla extract and stir well.
 3. Spray muffin pan with non-stick spray and pour batter into pan.
 4. Bake at 350°F for 25 to 30 minutes or until a toothpick is clean when stuck into the center of the muffin.

FOR MORE INFO, RECIPES, TIPS, AND TO JOIN THE CONVERSATION, VISIT
SixStarPro.com [Twitter@SixStarPro](https://twitter.com/SixStarPro) [Facebook.com/SixStar](https://facebook.com/SixStar) [Instagram.com/sixstarpronutrition](https://instagram.com/sixstarpronutrition)



GREAT FOR ALL SMOOTHIE RECIPES

UNFLAVORED WHEY PROTEIN⁺

MIX WITH ANYTHING!

ELITE SERIES

From the Makers of



Enhance Any Recipe with Added Protein

- Instantized Protein for Fast Absorption & Easy Mixing
- No Artificial Sweeteners or Colors
- Low in Fat



unflavored multi-purpose mix

DIETARY SUPPLEMENT
 Net Wt. 2.00 lbs. (907g)
 Mixes Instantly • Zero Aspartame

Supplement Facts

Serving Size: 1 Scoop (32g)
 Servings Per Container: Approx. 28

Amount Per	Serving (1 Scoop)	% Daily Value	2 Scoops	% Daily Value
Calories	120		240	
Calories from Fat	10		20	
Total Fat	1g	2%*	2g	3%*
Saturated Fat	0.5g	3%*	1g	5%*
Cholesterol	35mg	12%	70mg	23%
Total Carbohydrate	6g	2%*	12g	4%*
Sugars	1g	†	2g	†
Protein	20g	40%*	40g	80%*
Calcium	350mg	35%	700mg	70%
Iron	1.8mg	10%	3.6mg	20%
Sodium	100mg	4%	200mg	8%

*Percent Daily Values are based on a 2,000 calorie diet.
 †Daily Value not established.

Ingredients: Whey Protein Plus Blend (Whey Protein Concentrate, Whey Protein Isolate, L-leucine, L-isoleucine, L-valine, L-glutamine, 97% Whey Protein Isolate, Hydrolyzed Whey Protein Isolate, Maltodextrin, Calcium Carbonate, Soy Lecithin, Papain, Amylase, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan)), Isolated Soy Protein. Contains milk and soy. Processed in a facility that also processes egg, wheat, shellfish, fish oil, tree nut, and peanut ingredients.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Six Star® Whey Protein Plus is manufactured according to cGMP standards, as is required for all dietary supplements.

WARNING: Not intended for use by persons under 18. Do not use if pregnant or nursing. Consult a medical doctor before starting any diet or exercise program.

Do not use if packaging has been tampered with. Store in a cool, dry place (60°F to 80°F).

Note: This product is sold by weight, so some settling may occur. Shake container before use.

How to Make the Perfect Whey Protein Shake:



Tip: Try blending with ice, your favorite fruit, juice, peanut butter or anything else you enjoy for a delicious smoothie.

Directions: Mix 1 to 2 servings (1 to 2 scoops) in 4 to 8 oz. of cold water or skim milk according to taste in a glass or shaker cup. Use between major meals and before and after exercise. Drink 8 glasses of water daily for general good health. Read the entire label before use and follow directions provided.

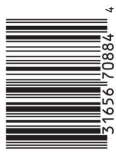
NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

†MuscleTech® is America's #1 Selling Body Building Supplement Brand based on cumulative wholesale dollar sales 2001 to present.

Made in the U.S.A. from domestic and international ingredients.

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For lot no. and expiry date: see bottle.



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