

**SAME WEIGHT & VALUE
NEW COMPACT BOTTLE**

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SIX STAR
PRO NUTRITION



Why Six Star® Creatine^{X3™} Is the Smarter Choice

Six Star® Creatine^{X3™} is from the makers of MuscleTech®, America's #1 Selling Body Building Supplement Brand. It's scientifically formulated to deliver 8,000mg of creatine with only 5g of sugar and 90 calories. Six Star® Creatine^{X3™} also features 2,500mg of BCAAs and taurine to help boost nitrogen levels, plus an extra blend of the three amino acids critical to creatine synthesis.▲ Trust Six Star® Creatine^{X3™} for the best formula, best taste and best results!

Who Is Six Star® Creatine^{X3™} For?

- ★ Active Men & Women
- ★ Body Builders
- ★ Athletes
- ★ Strength Trainers

What Are the Benefits of Six Star® Creatine^{X3™}?

- ★ Builds lean muscle and strength▲
- ★ Enhances muscle performance in athletes▲
- ★ With a clinically proven 8,000mg dose of premium creatine
- ★ Provides 2,500mg of free-form BCAAs and taurine
- ★ With the electrolytes sodium and potassium
- ★ Mixes instantly and tastes amazing

Test Subjects Built 4x More Lean Muscle

▲ In a 12-week study conducted at an American university with 22 untrained test subjects divided into three groups, subjects taking the creatine in Six Star® Creatine^{X3™} with a training program gained over four times more muscle than subjects using a placebo (7.12 vs. 1.30 lbs).▲

Test Subjects Gained 18.6% More Strength

▲ In a 10-day study conducted at a leading American university on 31 weight-trained test subjects randomly assigned to one of three groups, subjects consuming the same form of creatine found in Six Star® Creatine^{X3™} with a training program increased their strength capacity on the bench press by 18.6% compared to baseline (6,658 vs. 5,613 joules).▲ Testing was performed using 70% of the subjects' one-rep max bench press.

Award-Winning Taste You Will Love

The American Masters of Taste, a prestigious panel of chefs and flavor experts, awarded Six Star® Creatine^{X3™} the Gold Medal for Superior Taste against all other value brands in America. Trust Six Star® Creatine^{X3™} for optimum performance and an award-winning taste you'll love.

Other Six Star Pro Nutrition® Supplements:

PRE- & POST-WORKOUT, BETWEEN MEALS

Advanced whey protein formula designed to help build muscle & strength.▲

PRE 30-45 MINUTES BEFORE WORKOUT

Pre-workout powder engineered to enhance muscle performance & increase energy.▲

**FOR MORE INFO, RECIPES, TIPS,
AND TO JOIN THE CONVERSATION, VISIT**
SixStarPro.com Twitter@SixStarPro
Facebook.com/SixStar
Instagram.com/sixstarpronutrition

CREATINE X3™ ELITE SERIES

From the Makers of



**TOTAL
8g
PREMIUM
CREATINE**

Scientifically Shown to Build 4x More Lean Muscle▲, 1

- ▲ Test Subjects Gained 18.6% More Strength▲, 2
- ▲ Enhances Muscle Performance in Athletes▲
- ▲ Accelerates Workout Recovery▲

Results based on core ingredient testing. See back for study details.

fruit punch
NATURAL AND ARTIFICIAL FLAVORS

DIETARY SUPPLEMENT
Net Wt. 2.52 lbs. (1.14kg)
Mixes Instantly • Zero Aspartame

Supplement Facts

Serving Size: 1 Scoop (33g)
Servings Per Container: Approx. 35

Amount Per Serving	% Daily Value
Calories	90
Total Carbohydrates	19g 6%*
Sugars	5g †
Sodium	70mg 3%
Potassium (as dipotassium phosphate)	40mg 1%

Muscle Building Creatine Blend 8,000mg	†
Creatine monohydrate	†
Creatine HCl	†
BCAA-Amino Blend 2,500mg	†
Taurine	†
L-Isoleucine	†
L-Isoleucine	†
L-Valine	†
Creatine Synthesis Amino Matrix 1,000mg	†
Glycine	†
L-alanine	†
L-methionine	†

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Maltodextrin, Dextrose, Citric Acid, Natural Amino Acid Artificial Flavor, Salt, Calcium Silicate, Sucralose, Acesulfame-Potassium, FD&C Red No. 40. Contains **no** ingredients. Processed in a facility that also processes milk, egg, wheat, peanut, tree nut, fish and shellfish ingredients.

Six Star® Creatine^{X3™} is manufactured according to cGMP standards, as is required for all dietary supplements.

▲ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

◆ MuscleTech® is America's #1 Selling Body Building Supplement Brand based on cumulative wholesale dollar sales 2001 to present.

Made in the U.S.A. from international ingredients. Protected by U.S. patents #5,968,544 and #6,326,313. Distributed by Iovate Health Sciences U.S.A. Inc. 1105 North Market Street, Suite 1380, Wilmington, DE 19801. © 2015. For lot no. and expiry date: see bottle.

How to Take Creatine^{X3™}



STIR
Simply stir in a glass of water.
OR
SHAKE
Cover and shake until well mixed.

Directions: Take 1 serving (1 scoop) immediately after you work out with 8 oz. of cold water. If you are not working out that day, have your serving in the morning when you wake up. As with all creatine products, maintain an adequate state of hydration during use. Read the entire label before use and follow directions provided.

Note: To maintain product freshness, store in a cool, dry place (60°F to 80°F). This product is sold by weight, so some settling may occur. Shake container before use. Do not use if packaging has been tampered with.

WARNING: Not intended for use by persons under 18. Do not use if you have had a myocardial infarction (heart attack). Inhalation may amplify the inflammatory airway response in persons with asthma. Do not refrigerate. Do not use if pregnant or nursing. Consult a medical doctor if you have a medical condition or before starting any diet or exercise program. **KEEP OUT OF REACH OF CHILDREN.**



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