

#1 BRAND FOR HAIR, SKIN & NAILS[◇]



OPTIMAL SOLUTIONS[®]

HAIR, SKIN & NAILS GUMMIES

With Biotin
2500 mcg per serving

Skin & Hair Nutrients*

HEALTH & BEAUTY

NEW
IMPROVED
TASTE



220 Strawberry Flavored
gummies

DIETARY SUPPLEMENT



Made In The
USA with select
ingredients
from around
the world

*This statement has not been
evaluated by the Food and Drug
Administration. This product is
not intended to diagnose, treat,
cure or prevent any disease.

Nutrition Questions or Comments?
Call 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

Join our Loyalty Program at
NaturesBountyRewards.com



Beauty Starts on the Inside[™]

At Nature's Bounty, we believe
health and beauty go hand in hand.
With over 40 years of making
quality vitamins and more than 20
years in the beauty business, you
can trust that every Nature's
Bounty[®] product is backed by
science, and made with the purest
ingredients...guaranteed. *Beauty
Starts on the Inside[™]*

- ✓ Antioxidants Vitamin C & E
- ✓ Naturally Sourced Colors
and Flavors
- ✓ Guaranteed Quality
- ✓ Laboratory Tested

No Artificial Flavor, No Artificial Sweetener, No
Milk, No Lactose, No Soy, No Gluten, No Wheat, No
Yeast, No Fish.

WARNING: If you are pregnant, nursing, taking any
medications, planning any medical or surgical
procedure or have any medical condition, consult
your doctor before use. Discontinue use and consult
your doctor if any adverse reactions occur. Keep out
of reach of children. Store at room temperature. Do
not use if seal under cap is broken or missing.

DIRECTIONS: For adults, take two (2) gummies
daily, preferably with a meal.

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 110

Amount Per Serving	%Daily Value	
Calories	15	
Total Carbohydrate	3 g	1%**
Sugars	2 g	***
Vitamin C (as Ascorbic Acid)	15 mg	25%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	15 IU	50%
Biotin (as d-Biotin)	2,500 mcg	833%
Sodium	10 mg	<1%

**Percent Daily Values are based on a 2,000
calorie diet.

***Daily Value not established.

Other Ingredients: Sugar, Corn Syrup, Dicalcium
Phosphate, Gelatin. **Contains <2% of:** Citric Acid,
Fractionated Coconut Oil (Contains Carnauba Wax),
Lactic Acid, Maltodextrin, Natural Strawberry
Flavor, Pectin, Silica, Vegetable Juice (color).

Natural color variation is normal and does not affect
the quality of the product.

◇Source: Nielsen xAOC 52 weeks ending 2/20/16.

Carefully Manufactured by
NATURE'S BOUNTY, INC.
Bohemia, NY 11716 U.S.A.
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