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NUTRITION FROM THE SOURCE™

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

TO REORDER PROD. #51661

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Vitamin World, Inc.

Holbrook, NY 11741 U.S.A.

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# TRIPLE MAGNESIUM COMPLEX

## 400 MG

### MINERALS

Supports Bone and  
Muscle Health\*

60 RAPID RELEASE CAPSULES

DIETARY SUPPLEMENT

**DIRECTIONS:** For adults, take one (1) capsule daily, preferably with a meal.

### Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value
Magnesium 400 mg (as Magnesium Oxide, Magnesium Aspartate and Magnesium Citrate)	100%

**Other Ingredients:** Gelatin, Vegetable Cellulose, Citric Acid, Vegetable Magnesium Stearate.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Magnesium plays an essential role in maintaining bone mineralization.\* Magnesium is also involved in muscle contractions and nerve impulses.\*