

At Vitamin World we ensure the quality of all of our premium nutritional products, every step of the way. Strict quality analysis at world-class facilities guarantees that all Vitamin World® products are at the highest standard of potency and purity.



NUTRITION FROM THE SOURCE™

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

TO REORDER PROD. #53621

www.vitaminworld.com

1-800-228-4533

Carefully Manufactured for
Vitamin World, Inc.

Holbrook, NY 11741 U.S.A.

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Product No. 53621 B71710 01B

MAGNESIUM CITRATE

200 MG

MINERALS

Promotes Bone and Muscle Health*

Supports Sugar Metabolism*

90 COATED CAPLETS

DIETARY SUPPLEMENT

DIRECTIONS: Take one (1) caplet two times daily.

Supplement Facts

Serving Size 1 Caplet

Amount Per Serving	%Daily Value	
Magnesium (as Magnesium Citrate)	200 mg	50%

Other Ingredients: Vegetable Cellulose. **Contains <2% of:** Dicalcium Phosphate, Silica, Titanium Dioxide Color, Vegetable Magnesium Stearate.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Magnesium plays a role in maintaining bone mineralization and sugar metabolism.* It's also involved in muscle contractions and nerve impulses.* Magnesium Citrate is the preferred form of Magnesium for absorption and bioavailability.

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