

MegaFood®

Fresh From Farm To Tablet™

Tension Release™

Nourish • Calm • Relax

**HERBAL
DIETARY SUPPLEMENT**



Supplement Facts

Serving Size 1 Tablet

Servings per Container 30

Amount per Serving	% DV ▼
Passion Flower Vine Extract (<i>Passiflora incarnata</i>)	300 mg **
Sensoril®† Ashwagandha (<i>Withania somnifera</i>) Root & Leaf Extract (8% Withanolides)	250 mg **
Eleuthero Root Extract (<i>Eleutherococcus senticosus</i>)	200 mg **
Lemon Balm Leaf Extract (<i>Melissa officinalis</i>) ..	200 mg **

** % Daily Value (DV) not established

Other Ingredients: Plant Cellulose, Vegetable Lubricant, Silica.

Suggested Use: 1 tablet daily. May be taken anytime throughout the day, even on an empty stomach.

† Sensoril® is a trademark of Natreon, Inc. and is Protected under U.S. Patent 6,713,092

MegaFood cares about doing things the right way - we refuse to take shortcuts, and we never compromise on quality or the things that matter. Since 1973, we have been mastering the art of wholesome nourishment, focusing on authentic nutrition that your body just gets - pure and potent formulas for whole-body health.

Made with Love by MegaFood,
PO Box 325, Derry, NH 03038
To learn more, visit megafood.com
or call 800.848.2542



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Lot#: Best Before: