

Manufactured by:
Douglas Laboratories
600 Boyce Road
Pittsburgh, PA 15205 USA
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1.800.245.4440

Suggested Usage: As a dietary supplement, adults take one pack 30 minutes before breakfast and one pack 30 minutes before dinner with 8 ounces of water.

This product contains NO yeast, wheat, gluten, soy, milk/dairy, corn, sodium, sugar, starch, artificial coloring, artificial preservatives or genetically modified organisms (GMOs).

Warning: If you are pregnant or breastfeeding, or if you are taking any prescription medication, consult a physician prior to use. Excessive consumption may impair ability to drive or operate heavy machinery. Not recommended for consumption with alcoholic beverages.

†† **RELORA** Relora® is a registered trademark of NPI, LLC.

CitriMax and ChromeMate are trademarks of InterHealth Company.

‡ Zychrome® brand Chromium Dinicocysteinate

ZYCHROME Zychrome® is a trademark of InterHealth N.I.

MERATRIM Meratrim™ brand proprietary blend of two natural plant extracts.
Meratrim™ is exclusively distributed by InterHealth N.I

Capsimax Capsimax™ is a trademark of OmniActive Health Technologies.

**U.S. Patent No. US 6,582,735.

†††This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #66212



Metabolic Management Pack

Nutritional Support for Healthy Weight Management†††

A Dietary Supplement



60 Packs

Supplement Facts

Serving Size 1 Pack
Each Pack contains 2 Softgels and 3 Capsules
Servings Per Container 60

Amount Per Serving	%DV	Amount Per Serving	%DV
Calories	9	Capsaicinoids	0.5 mg *
Total Fat	1g 2%	(from Capsimax™, providing capsaicin, dihydrocapsaicin, nordihydrocapsaicin)	
Thiamine	5 mg 333%	Garcinia Cambogia (fruit)	500 mg *
Riboflavin	5 mg 294%	(CITRIMAX) supplying:	
Niacinamide	5 mg 25%	(-) hydroxycitric acid (HCA)	250 mg *
Vitamin B-6	5 mg 250%	Proprietary Herbal Blend	200 mg *
Folic Acid	100 mcg 25%	Green Tea Extract (leaf), <i>Eleutherococcus senticosus</i> (root), Cayenne (Fruit), Gotu Kola (Entire Plant), Beet Powder (Root), Ho Shou Wu (Entire Plant), Wood Betony (Entire Plant), Relora®†††	250 mg *
Vitamin B-12	50 mcg 833%	(a proprietary blend of a patented** extract from <i>Magnolia officinalis</i> [bark] and a proprietary extract from <i>Phellodendron amurense</i> [bark])	
Chromium	200 mcg 167%		
(from Chromium Polynicotinate/ Dinicocysteinate)†			
Safflower Oil Complex	1,000 mg *		
Providing			
Conjugated linoleic Acid	770 mg *		
Green Tea extract (leaf)	0.5 mg *		
Meratrim™ Proprietary Blend	400 mg *		
(<i>Sphaerantus indicus</i> [flower heads] extract, <i>Garcinia mangostana</i> [fruit rind] extract)			

Other Ingredients: Gelatin, hydroxypropyl methylcellulose (capsule), cellulose, dicalcium phosphate, vegetable stearate, glycerin, water, carob extract, titanium oxide pharmaceutical glaze and silica