

ONE SERVING BEFORE DRINKING
AND ONE SERVING AFTER

Suggested Use: As a dietary supplement, take 3 capsules with water before you drink alcohol. Repeat after 3 alcoholic beverages or before bed.

Warnings: As with all supplements, please consult a physician before taking BrightDay. BrightDay will not lower your blood alcohol level or prohibit intoxication. Please drink responsibly. Use only as directed.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Store in a cool, dry place.

KEEP OUT OF REACH OF CHILDREN

Developed by and manufactured for:
BrightDay LLC
PO Box 610056
Redwood City, CA 94061

Rev. 001

SUPPLEMENT FACTS

Serving Size: 3 capsules

Servings Per Packet: 1

	Amount Per Serving	%DV
Vitamin C.....	300 mg.....	500%
(Ascorbic Acid and Manganese Ascorbate)		
Vitamin E (as D-Alpha Tocopherol Succinate)	10 IU.....	33%
Thiamine (as Thiamine HCl)	90 mg.....	6000%
Riboflavin	15 mg.....	882%
Niacin.....	15 mg.....	75%
Vitamin B6 (as Pyridoxine HCl)	20 mg.....	1000%
Folic Acid.....	400 mcg.....	100%
Vitamin B12 (as Cyanocobalamin).....	280 mcg.....	4667%
Biotin.....	450 mcg.....	150%
Pantothenic Acid (as Calcium-D-Pantothenate) ...	30 mg.....	300%
Magnesium (as Magnesium Oxide)	90 mg.....	23%
Zinc (as Zinc Gluconate).....	12 mg.....	80%
Selenium (as Methylselenocysteine).....	60 mcg.....	86%
Copper (as Copper Amino Acid Chelate)	0.45 mg.....	23%
Manganese (as Manganese Ascorbate)	2 mg.....	100%
Chromium (as Chromium Polynicotinate).....	250 mcg.....	208%

BrightDay Blend..... †
N-Acetyl-L-Cysteine, Acetyl-L-Carnitine HCl, Alpha Lipoic Acid, Succinic Acid, Taurine, Milk Thistle Seed Powder, L-Glutathione, L-Theanine, Chlorophyll (from Sodium Copper Chlorophyllin)

† Daily Value not established.

Other Ingredients: Hypromellose (Capsule), Dicalcium Phosphate, Rice Flour, and Magnesium Stearate.

GETBRIGHTDAY.COM

3 Capsules

Dietary supplement

Hangovers.

— FROM —

FREEDOM

WAKE UP REFRESHED

BrightDay



1 SERVING PER PACKET