



bonus
100 + 20

Flaxseed Oil 1,000 mg

heart support*

DIETARY SUPPLEMENT
120 Softgels



***THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**

Flaxseed Oil is an edible oil derived from the seeds of the Flax plant (*Linum usitatissimum*) and is one of the most concentrated plant sources of Omega-3 fatty acids found in nature. Omega-3 fatty acids promote heart and cardiovascular health.*

Supplement Facts

Serving Size 1 Softgel

Each Softgel Contains	%Daily Value
Calories 10	
Calories from Fat 10	
Total Fat 1g	2%**
Polyunsaturated Fat 0.5g	***
Organic Flaxseed Oil 1,000 mg (1 g) which typically contains:	***
Alpha-Linolenic Acid (Omega-3) 450 mg	***
Linoleic Acid (Omega-6) 110 mg	***
Oleic Acid (Omega-9) 110 mg	***
Other Fatty Acids 50 mg	***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

INGREDIENTS: ORGANIC FLAXSEED OIL, GELATIN, GLYCERIN, CAMEL COLOR.

DISTRIBUTED BY THE KROGER CO., CINCINNATI, OHIO 45202

Gluten Free

SUGGESTED USE: Take one (1) softgel three times daily with a full glass of water, preferably after meals. **WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. **KEEP OUT OF REACH OF CHILDREN.** STORE AT ROOM TEMPERATURE, TIGHTLY CLOSED. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

QUALITY GUARANTEE
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USE BY: