

vitamin B-12 1000 mcg

dietary supplement

supports energy metabolism and nervous system health*

100 tablets

Supplement Facts Serving Size 1 Tablet

Amount Per Serving %Daily Value

Vitamin R-12 1.000 mca 16.667% (as Cyanocobalamin)

OTHER INGREDIENTS: DICALCIUM PHOSPHATE, MANNITOL. CELLILIOSE (PLANT ORIGIN), CROSCARMELLOSE, VEGETABLE STEARIC ACID. CONTAINS <2% OF: CELLULOSE COATING. SILICA. VEGETABLE MAGNESHIM STEARATE

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF THE REACH OF CHILDREN. STORE AT ROOM TEMPERATURE. TIGHTLY CLOSED AND AVOID EXCESSIVE HEAT TAMPER RESISTANT: DO NOT USE IF SEAL LINDER CAP IS BROKEN OR MISSING

NO GLUTEN NO PRESERVATIVES NO YEAST NO SOY ACTUAL NO WHEAT NO ARTIFICIAL COLOR NO WILK OR WILK NO ARTIFICIAL FLAVOR DERIVATIVES NO SODIUM (less than NO LACTOSE 5 mg per serving)

with a full glass of water, preferably with meals. As a reminder, discuss the supplements and medications you take with your health care providers.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed by DZA Brands, LLC Salisbury, NC 28147 Scarborough, ME 04074 For product questions or concerns contact us at 1-866-322-2439.

NO SUGAR



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