

LABRADA

LEAN BODY

MEN'S MULTI-VITAMIN

60 Vcaps • DIETARY SUPPLEMENT

FOOD BASED
VITAMINSWITH
MINERALS

NO IRON

Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (as Beta Carotene)	5,000 IU 100%	Manganese (as Manganese Sulfate Monohydrate)	2 mg 100%
Vitamin C (as Ascorbic acid and Ascorbyl Palmitate)	126 mg 210%	Chromium (as Chromium Polynicotinate)	200 mcg 167%
Vitamin D (as Cholecalciferol)	800 IU 200%	Molybdenum (as Molybdenum Citrate)	75 mcg 100%
Vitamin E (as Natural D-Alpha-Tocopheryl Succinate)	30 IU 100%	Choline Bitartrate	20 mg †
Vitamin K (as Phytonadione)	100 mcg 125%	Inositol	20 mg †
Thiamin (as Thiamine HCl)	25 mg 1667%	Boron (as Boron Gluconate)	1 mg †
Riboflavin	25 mg 1471%	Betaine HCl	10 mg †
Niacin (as Niacinamide)	25 mg 125%	Citrus Bioflavonoid Complex (Citrus limonum, Citrus sinensis, and Citrus paradisi peel)	25 mg †
Vitamin B6 (as Pyridoxine HCl)	25 mg 1250%	Saw Palmetto Berry Extract	75 mg †
Folate (Folic Acid)	400 mcg 100%	Carnipure™ Tartrate (L-Carnitine L-Tartrate)	50 mg †
Vitamin B12 (as Cyanocobalamin)	25 mcg 417%	Veggie Juice Complex (Spirulina Microalgae, 10 mg †	
Biotin	150 mcg 50%	Chorella Powder, Klamath Blue Green Algae,	
Pantothenic Acid (as Calcium D-Pantothenate)	25 mg 250%	Green Barley Grass Powder, Alfalfa Powder, Broccoli Powder,	
Calcium (as Calcium Carbonate and Calcium D-Pantothenate)	202 mg 20%	Cauliflower Powder, Kale Powder, Brussels Sprouts Powder,	
Magnesium (as Magnesium Oxide)	100 mg 25%	Spinach Leaf Powder, Radish Powder, Carrot Powder, Beet Root Powder, Tomato Powder, Celery Stalk Powder, Onion Powder, Leek Powder, Yellow Pepper Powder)	
Zinc (as Zinc Citrate)	10 mg 67%	Complete Digestive Support (Amylase, 50.1 mg †	
Selenium (as Selenium Citrate)	200 mcg 286%	Alpha-Galactosidase, Protease, Cellulase, Glucoamylase, Phytase, Invertase, Lactase, Lipase, Bromelain, Lactobacillus acidophilus)	
Copper (as Copper Bisglycinate Chelate)	1 mg 50%	* Percent Daily Values are based on a 2,000 calorie diet.	
		† Daily Values not established.	

Other Ingredients: Hypromellose (capsules), Bamboo Stem Extract.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Suggested Use: Take two capsules with water in the a.m. before or with a meal.

Carnipure™ is a trademark of Lonza Ltd, Switzerland.

Warning: Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.Developed by and Manufactured for: **LABRADA NUTRITION™**
333 Northpark Central Drive, Houston, Texas 77073
MADE IN U.S.A.LEE LABRADA'S QUALITY GUARANTEE:
"If it's on the label, it's in the bottle!"

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