



\*\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

[Product No. 3177.00001]



Please recycle



**OSTEO CALM**

PREMIUM  
BONE HEALTH SUPPORT™

CALCIUM PLUS  
NATURAL CALM.  
MAGNESIUM  
IN 1:1 BALANCE



2,000 IU VITAMIN D  
AND OTHER KEY  
NUTRIENTS



30 fl oz (887 mL) • Liquid Dietary Supplement

**Directions:** Shake vigorously before taking (natural separation may occur). Mix with an equal amount of water or add to your favorite juice or smoothie. Start with 2 teaspoons of *OsteoCalm* and gradually increase to 3 teaspoons twice daily. When bowels are comfortably loose, this is the optimal amount.

## Supplement Facts

| Serving Size: 1 fl oz (30ml)                          | Servings per Container: 30 |       |
|-------------------------------------------------------|----------------------------|-------|
|                                                       | Amount per Serving         | % DV  |
| Calories                                              | 45                         |       |
| Total Carbohydrates                                   | 11 g                       | 4%†   |
| Sugars                                                | 2 g                        |       |
| Vitamin A (as retinyl palmitate, beta carotene (50%)) | 5,000 IU                   | 100   |
| Vitamin C (as ascorbic acid)                          | 240 mg                     | 400   |
| Vitamin D <sub>3</sub> (as cholecalciferol)           | 2,000 IU                   | 500   |
| Vitamin K <sub>2</sub> (as menaquinone)               | 90 mcg                     | 110   |
| Vitamin B <sub>6</sub> (as pyridoxine HCl)            | 50 mg                      | 2,500 |
| Folic acid                                            | 200 mcg                    | 50    |
| Calcium (as calcium lactate gluconate)                | 500 mg                     | 50    |
| Magnesium (as magnesium citrate)                      | 500 mg                     | 130   |
| Zinc (as zinc lactate gluconate)                      | 10 mg                      | 70    |
| Manganese (as manganese gluconate)                    | 2.5 mg                     | 130   |
| Sodium                                                | 10 mg                      | <1    |
| Potassium (as potassium citrate and sorbate)          | 179 mg                     | 6     |
| Boron (as boron citrate)                              | 3 mg                       | *     |

\* Daily Value not established † Percent Daily Values based on a 2,000-calorie diet

**Other ingredients:** purified water, organic agave nectar, vegetable source glycerin, citric acid, organic orange and vanilla flavors, potassium sorbate and sodium benzoate (to preserve freshness), organic stevia extract, xanthan gum.

**VEGETARIAN • GLUTEN FREE • GMO FREE**

**CRUELTY FREE. ALLERGEN FREE. CONTAINS NO YEAST, DAIRY, EGG, WHEAT, SUGAR, STARCH OR SOY. NO ARTIFICIAL COLORS OR ARTIFICIAL FLAVORS. NO ADDED FRUCTOSE.**

**STORE IN A COOL PLACE.  
AFTER OPENING, KEEP REFRIGERATED**  
and use within 60 days.  
Keep out of reach of children.

Distributed by

**NATURAL VITALITY**

*Nurture Your Inner Nature*

12200 Anderson Mill Road, Austin, TX 78726

[www.naturalvitality.com](http://www.naturalvitality.com)

Customer service: 866-416-9216

## AWARD-WINNING BONE HEALTH SUPPORT

**OsteoCALM** is formulated for premium bone health support by an equal balance of calcium and magnesium to account for calcium already in most daily diets and to avoid a buildup of excess unassimilated calcium.\*\*

## Best-selling magnesium

**OsteoCALM** is made using award-winning *Natural Calm* magnesium, which has been the best-selling magnesium supplement in the natural products marketplace for over nine years.

MADE WITH *Natural*

**CALM**

## Key bone health nutrients\*\*

2,000 IU of vitamin D<sub>3</sub>, vitamin K<sub>2</sub>, vitamin A, vitamin B<sub>6</sub>, folic acid, vitamin C, ionic potassium, ionic zinc, ionic manganese.



**Cautions:** Do not use if tamper-evident ring or seal is broken or missing. If you're pregnant, nursing, if you take prescription blood thinners or have kidney disease, consult your healthcare provider before taking this product. *Osteo Calm* is not intended for children. We suggest Natural Vitality's award-winning *Kids Natural Calm* Multi.