When takes with adequate liquid, the Electroyles in this unique formula keep you well-hydrated and support optimal fluid balance."

Delivering several essential vitamins that work

One Per Day Super B-Complex with Electrolytes maintain and support:

Energy Metabolism* Antioxidant Health*
Nervous System Hydration*
Health*

No Preservatives Added • No Lactose

CAUTION: if you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Keep out of the reach of children.
Store at room temperature, tightly closed.

Prod. No. 53271 B53271 01A





ONE PER DAY

Super B-Complex

with Electrolytes



Supports ENERGY METABOLISM* Electrolytes for HYDRATION* Promotes ANTIOXIDANT <u>Health</u>*

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

500 TABLETS



ITM. / ART. 238120

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USP has tested and verified ingredients, potency, and manufacturing process. USP sets official standards for dietary supplements. See www.uspverified.org

SUGGESTED USE: Take one (1) tablet daily, preferably with 8 ounces of water or other liquid

Supplement Facts

Each Tablet Contains	% Daily Value
Vitamin C 200 mg	333%
Thiamin (Vitamin B-1) 100 mg	6,667%
Riboflavin (Vitamin B-2) 20 mg	1,176%
Niacin 25 mg	125%
Vitamin B-6 3 mg	150%
Folic Acid 400 mcg	100%
Vitamin B-12 100 mcg	1,667%
Biotin 300 mcg	100%
Pantothenic Acid 5.5 mg	55%
Sodium 90 mg	4%
Potassium 30 mg	1%

NGREDIENTS: Sodium Chloride, Dicalcium Phosphate, Ascorbio Acid, Cellubse (Plant Origin), Thiamin Mononitrate, Potassium Chloride, Croscarmellose Sodium, Niacinamide, Silicon Dioxide, Biofoliarin, Manintol, Magnesium Stearate, Cellulose Coating, d'Calcium Pantothenate, Pyridoxine Hydrochloride, Folic Acid, d-Biotin, Cyanocobalamin, Carnauba Way

Tablet Color May Vary

Distributed By: Costco Wholesale Corporation, P.O. Box 34535, Seattle, WA 98124-1535 USA

VITAMIN INFOLINE 1-800-433-1213

IMPORTANT: TAMPER-EVIDENT SEAL UNDER CAP, DO NOT USE IF PRINTED SEAL IS BROKEN OR MISSING.

Dietary Supplement