

Best Phosphatidylserine provides the vital brain nutrient phosphatidylserine (PS) in a matrix of other phospholipids. PS is a building block for the brain's nerve cell connections (synapses).* More than 30 double-blind clinical trials document the benefits of PS for memory, learning, and other cognitive functions. PS also helped in coping with mental and physical stress.*

Supports memory, learning, and other cognitive functions*

Assists the brain and body in coping with stress*

Facilitates nerve cell functional connectivity*

Very safe to take long term*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for **Doctor's Best, Inc.**
San Clemente, CA 92673
(800) 777-2474 www.drbbvitamins.com

SerinAid® is a registered trademark of Chemi Nutra

Doctor's BEST®

**Science-Based
Nutrition™**

**Dietary
Supplement**



Best **SerinAid®** Phosphatidylserine

POWERFUL MEMORY SUPPORT*

100 mg/60 softgels

Scan
for
more
info



Supplement Facts

Serving Size 1 softgel
Servings per container 60 servings

Amount per serving % Daily Value		
SerinAid® Phosphatidylserine	500 mg	†
providing:		
Phosphatidylserine (PS)	100 mg	
Phosphatidylcholine	45 mg	
Medium Chain Triglycerides (MCT)	150 mg	

† Daily Value not established.

Other Ingredients: Softgel capsule (gelatin, glycerin, purified water), soybean oil. **Contains Soy**

Suggested Adult Use: Take 1 softgel 2 or 3 times daily with meals, or as recommended by a nutritionally-informed physician.

Gluten Free

Store in a cool dry place.



YDRB168-1