

ULTRA WOMAN™ **SPORT**

DAILY MULTI PACKS | HEALTHY LIFESTYLE PROGRAM FOR WOMEN
BALANCED NUTRITIONAL SYSTEM

Supplement Facts

Serving Size 1 Packet
Servings Per Container 30

Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value
Calories	35	Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2,500%	Alpha Lipoic Acid	10 mg ***
Calories from Fat	30	Folic Acid	400 mcg 100%	Vanadium (as Sodium Metavanadate)	10 mcg ***
Total Fat	3.5 g 5% **	Vitamin B-12 (as Cyanocobalamin)	1,600 mcg 26,667%	Boron (as Bororganic Glycine)	2 mg ***
Saturated Fat	0.5 g 2% **	Biotin (as d-Biotin)	1,000 mcg 333%	Coenzyme Q-10	50 mg ***
Polyunsaturated Fat	2.5 g ***	Pantothenic Acid (as d-Calcium Pantothenate)	50 mg 500%	Ultra Woman™ Proprietary Blend	100 mg ***
Monounsaturated Fat	0.5 g ***	Calcium (as Calcium Carbonate)	500 mg 50%	Collagen (Hydrolyzed Gelatin), Choline (as Choline Bitartrate), Inositol, Silica (Silicon Dioxide)	
Total Carbohydrate	1 g <1% **	Iodine (as Potassium Iodide)	150 mcg 100%	Ultra Woman™ Fruit and Vegetable Blend	55 mg ***
Dietary Fiber	<1 g 3% **	Magnesium (as Magnesium Oxide)	100 mg 25%	Citrus Bioflavonoid Complex (<i>Citrus limon</i>) (peel), Black Currant (<i>Ribes nigrum</i>) (fruit), Bilberry Extract (<i>Vaccinium myrtillus</i>) (fruit), Elderberry (<i>Sambucus nigra</i>) (fruit), Grape Seed Extract (<i>Vitis vinifera</i>), Brussels Sprout Extract, Kale Extract, Cauliflower Extract, Celery Seed Extract (<i>Apium graveolens</i>), Carrot Extract, Broccoli Extract, Cabbage Extract, Lutein, Resveratrol from <i>Polygonum cuspidatum</i> Extract (root), Lycopene	
Protein	1 g 2% **	Zinc (as Zinc Oxide)	15 mg 100%	Chromium (as Chromium Picolinate)	200 mcg 167%
Vitamin A (as Beta-Carotene and Retinyl Acetate)	5,000 IU 100%	Selenium (as Sodium Selenate)	200 mcg 286%	Molybdenum (as Sodium Molybdate)	75 mcg 100%
Vitamin C (as Ascorbic Acid)	200 mg 333%	Copper (as Cupric Oxide)	2 mg 100%	Sodium	5 mg <1%
Vitamin D (as D3 Cholecalciferol)	2,000 IU 500%	Manganese (as Manganese Gluconate)	2 mg 100%	Potassium (as Potassium Chloride)	30 mg 1%
Vitamin E (as d-Alpha Tocopheryl Acetate)	30 IU 100%			Hesperidin Complex	5 mg ***
Vitamin K (as Phyttonadione)	80 mcg 100%				
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	50 mg 3,333%				
Riboflavin (Vitamin B-2)	50 mg 2,941%				
Niacin (as Niacinamide)	50 mg 250%				

Other Ingredients: Gelatin, Vegetable Cellulose, Vegetable Glycerin, Rice Bran Oil, Vegetable Stearic Acid, Natural Caramel Color, Vegetable Magnesium Stearate, Titanium Dioxide Color, Silica, Soy Lecithin, Vanillin, Natural Palm Leaf Glaze.

Contains milk and soy ingredients.

B56763 (53518, 54813, 2386, 16130)



At Vitamin World we ensure the quality of all of our premium nutritional products, every step of the way. Strict quality analysis at our world-class facilities guarantees that all Vitamin World® products are at the highest standard of potency and purity.

DIRECTIONS: For adults, take one (1) packet daily, preferably with a meal.

Use with a reduced calorie diet and daily exercise program.

No Preservatives, No Sugar, No Gluten, No Wheat, No Yeast, No Fish.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if packet is cut, torn or open.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SPORT

DAILY MULTI PACKS
BALANCED NUTRITIONAL SYSTEM

HEALTHY LIFESTYLE
PROGRAM FOR ACTIVE WOMEN



NO UV COATING

TO REORDER PROD. #52198
www.vitaminworld.com
1-800-228-4533

Carefully Manufactured by
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NUTRITION FROM THE SOURCE™

ULTRA WOMAN™

SPORT

DAILY MULTI PACKS
BALANCED NUTRITIONAL SYSTEM

HEALTHY LIFESTYLE PROGRAM
FOR ACTIVE WOMEN



Not actual size

Supports a Healthy Body Composition*

1,600 mcg of Vitamin B-12 to Support Energy Metabolism*

Body Shaping & Toning Formula*

WOMEN'S HEALTH*

30 DAY SUPPLY PACKETS

DIETARY SUPPLEMENT

Ultra Woman™ Sport is designed for women of all ages who need a comprehensive support pack that works just as hard as they do. Each daily pack is designed to provide the nutrients that active women need to make the most of their fitness routine and overall healthy lifestyle. These packs go well-beyond conventional multivitamins by providing an important Fruit and Vegetable Blend, Myoleptin™ CLA and other nutritional factors to support the woman on-the-go.



ULTRA WOMAN™ MULTI

Each daily pack contains a well-balanced multivitamin with high levels of several B-vitamins needed for energy metabolism, as well as an excellent source of calcium for strong bones.* High potency antioxidants such as Vitamin C and Selenium help fight the cell-damaging effects of free radicals.*



COENZYME Q-10

Coenzyme Q-10 can be found in almost every cell of the body, including the heart and muscles. Since Co Q-10 levels can decline with age, supplementation can be important for active individuals on a daily basis.



HIGH POTENCY B-12

This essential vitamin is well known for its role in energy metabolism, as it helps maintain proper metabolic functioning by working with enzymes involved in the breakdown of nutrients such as amino acids.*



MYOLEPTIN™ CLA

Myoleptin™ CLA contains bioactive ingredients that help you achieve a healthy and toned body composition.* Myoleptin™'s premium grade formula uses only plant-based sources of CLA and contains no natural or artificial stimulants of any kind.