

UNCONDITIONALLY GUARANTEED for purity and labeled potency. To preserve quality and freshness, store bottle with cap tightly closed in a cool, dry place.

This product contains natural ingredients; color variations may occur.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Distributed by
HEALTHY DIRECTIONS

Bethesda, MD 20817
healthydirections.com



HEALTHY
DIRECTIONS

Vitamin D3

Supports bone,
heart, immune, and
cellular health†

DIETARY SUPPLEMENT • 30 SOFTGELS

Suggested Use: Take 1 softgel daily.

Supplement Facts

Serving Size: 1 Softgel
Servings Per Container: 30

Amount Per Serving		% DV
Vitamin D ₃ (as cholecalciferol)	5,000 IU	1,250%

Other ingredients: Safflower oil, gelatin, glycerin

Note: Pregnant or lactating women should consult a health care professional before taking this product.

Keep out of reach of children.



Gluten Free

Please see bottom of
bottle for Lot No. and
Expiration Date

SKU: VDH 02 G13000, 2015 R-1

Almost Out? Call 1-866-599-9491
Choose AutoDelivery,
Get Free Shipping Forever