

body
nutrition

Balanced Non-Proprietary Blend
45% Whey, 45% Micellar Casein & 10% Egg White



25g Total Protein



Sustained Release



TRUTEIN®

WHEY, CASEIN & EGG WHITE PROTEIN

Best Taste



Gluten Free



Grassfed Dairy



Vanilla Bean

NET WT 1.20Z (34G) PROTEIN SUPPLEMENT

HIGHER PROTEIN FOR HIGHER LIVING.

25G PROTEIN

45% WHEY, 45% CASEIN & 10% EGG WHITE

OPEN LABEL

NO PROPRIETARY BLEND

YOUR ANYTIME PROTEIN

5.9g BCAAs & 5.1g GLUTAMINE

GRASS-FED DAIRY

DIGESTIVE ENZYMES
INCREASE PROTEIN ABSORPTION*

2.5G PREBIOTIC FIBER

SUSTAINED RELEASE

GLUTEN-FREE

LOW SODIUM

5.9G
BCAAs

25G
PROTEIN

NO
SUGAR ADDED

1.5G
NET CARBS*

GF
GLUTEN FREE

#1
TASTING

Supplement Facts

Serving Size 1 Pouch (34g)

	Amount Per Serving	% Daily Value
Calories	120	
Calories from Fat	10	
Total Fat	0.5 g	1%*
Saturated Fat	0 g	0%*
Cholesterol	20 mg	7%*
Total Carbohydrate	4 g	1%*
Dietary Fiber	2.5 g	10%*
Sugars	1 g	
Protein	25 g	50%*
Calcium	220 mg	22%
Iron	1.4 mg	7%
Sodium	110 mg	4%
Potassium	80 mg	2%
NONPROPRIETARY PROTEIN BLEND	25 g	**
45% Whey, 45% Micellar Casein, 10% Egg White		
DIGESTIVE ENZYMES	100 mg	**
Peptidase Proteolytic Enzymes		

* Percent Daily Values are based on a 2,000 calorie diet.

** Percent Daily Values are not established.

SUGGESTED USAGE: Mix 1 pouch (34g) in 8oz of water or almond milk. Shake or blend for at least 20 seconds. May also be used to cook with!

INGREDIENTS: Trutein® Protein Blend (Pure Undenatured & Nonthermally- Processed Milk Protein Isolate, Cross-Flow Nanofiltered Whey Protein Isolate, Ultrafiltered Whey Protein Concentrate, Egg Albumen), TruFiber™ Inulin, Natural & Artificial Flavors, Xanthan Gum, Cellulose Gum, Guar Gum, Protease Enzymes, Acesulfame Potassium, Sucralose, Soy Lecithin

ALLERGEN WARNING: Contains Milk, Egg & Soy Ingredients.

MANUFACTURED BY Body Nutrition
St Petersburg FL 33713 • (850) 888-BODY
www.BODYNUTRITION.COM
@BODYNUTRITIONCO

MADE IN USA
US3008546221

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

body
nutrition

CGMP
BANNED
SUBSTANCE
FREE



†Net Carbs = Total Carbohydrates Less Digestive Fiber