

body
nutrition

Balanced Non-Proprietary Blend
45% Whey, 45% Micellar Casein & 10% Egg White



20g Total Protein



Sustained Release



TRUTEIN®

WHEY, CASEIN & EGG WHITE PROTEIN

Red Velvet Cake



Best Taste



Gluten Free



Grassfed Dairy



NET WT 1.20Z (34G) PROTEIN SUPPLEMENT

HIGHER PROTEIN FOR HIGHER LIVING.

20G PROTEIN

45% WHEY, 45% CASEIN & 10% EGG WHITE

OPEN LABEL

NO PROPRIETARY BLEND

YOUR ANYTIME PROTEIN

4.9g BCAAs & 4.1g GLUTAMINE

GRASS-FED DAIRY

SUSTAINED RELEASE

DIGESTIVE ENZYMES

INCREASE PROTEIN ABSORPTION*

2.5G PREBIOTIC FIBER

GLUTEN-FREE

LOW SODIUM

4.9g
BCAAs

20g
PROTEIN

NO
SUGAR ADDED

2.5g
NET CARBS*

GF
GLUTEN FREE

#1
TASTING

Supplement Facts

Serving Size 1 Pouch (34g)

	Amount Per Serving	% Daily Value
Calories	140	
Calories from Fat	30	
Total Fat	5 g	8%*
Saturated Fat	3 g	15%*
Cholesterol	30 mg	11%*
Total Carbohydrate	5 g	2%*
Dietary Fiber	2.5 g	10%*
Sugars	2 g	
Protein	20 g	40%*
Calcium	220 mg	22%
Iron	1.4 mg	7%
Sodium	105 mg	4%
Potassium	80 mg	2%
NONPROPRIETARY PROTEIN BLEND	20 g	**
45% Whey, 45% Micellar Casein, 10% Egg White		
DIGESTIVE ENZYMES	100 mg	**
Peptidase Proteolytic Enzymes		

* Percent Daily Values are based on a 2,000 calorie diet.

** Percent Daily Values are not established.

#Net Carbs = Total Carbohydrates Less Digestive Fiber

SUGGESTED USAGE: Mix 1 pouch (34g) in 8oz of water or almond milk. Shake or blend for at least 20 seconds. May also be used to cook with!

INGREDIENTS: Trutein® Protein Blend (Pure Undenatured & Nonthermally- Processed Milk Protein Isolate, Cross-Flow Nanofiltered Whey Protein Isolate, Ultrafiltered Whey Protein Concentrate, Egg Albumen), Cream Cheese Powder, TruFiber™ Inulin, Cocoa Powder, Natural & Artificial Flavors, Xanthan Gum, Cellulose Gum, Guar Gum, Protease Enzymes, Acesulfame Potassium, Sucralose, Soy Lecithin, Red #40

ALLERGEN WARNING: Contains Milk, Egg & Soy Ingredients.

MANUFACTURED BY Body Nutrition

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MADE IN USA
US3008546221

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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CGMP
BANNED
SUBSTANCE
FREE

