

F1352B Rev: 3 09/15

Lot#: Best Before

Mega Food®
Fresh From Farm To Tablet™

## **Blood Builder®**

Nourish • Restore • Gentle



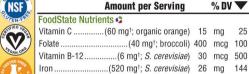
**IRON & MULTIVITAMIN** DIETARY SUPPLEMENT



## Supplement Facts

Serving Size 1 Tablet

Servings per Container 90



FoodState® Farm Fresh Beet Root...... 125 mg

† Total Weight FoodState Nutrient to Deliver Daily Value

Warning: Accidental overdose of iron-containing products is a

leading cause of fatal poisoning in children under six. Keep this

product out of reach of children. In case of accidental overdose,

Suggested Use: 1 tablet daily. May be taken anytime

throughout the day, even on an empty stomach.

call a doctor or poison control center immediately.











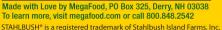












% DV



organic agriculture. "We put our heart and soul into ensuring that our land will be fertile, healthy, and bountiful for future generations," says Karla S. Chambers, Stahlbush Co-Owner. MegaFood is proud to partner with Stahlbush in growing the nourishing beet root included in our Blood Builder® formula. MegaFood cares about doing things the right way - we refuse to take shortcuts, and we never compromise on quality or the things that matter. Since 1973, we have been going out of our way to source fresh and local foods from trusted farmers. We then make our wholesome supplements using our one-of-a-kind process to deliver the most authentic nutrition much more than vitamins alone.

Carried FoodState Nutrients™ are made with fresh, real foods to provide essential vitamins and minerals that are easy-to-digest and gentle on the body, even when taken on an empty stomach.