

Manufactured by:
Douglas Laboratories
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This product contains NO yeast, gluten, soy protein, milk/dairy, corn, starch, artificial coloring, preservatives or flavoring.

Warning: This product contains Vitamin K, which interferes with prescription blood-thinning drugs Coumadin and Warfarin. Do not take this product before consulting with your healthcare provider.

Suggested Usage: As a dietary supplement, adults take 6 tablets daily with food or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN.
For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #201384

Basic Preventive[®] 2 (Iron and Copper Free)

A Dietary Supplement



180 Tablets

Supplement Facts

Serving Size 6 Tablets • Servings Per Container 30

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A..... 25,000 IU	500%	Zinc..... 20 mg	133%
(As 40% Vitamin A Acetate and 60% [15,000 IU] as natural beta carotene)		(as zinc amino acid chelate)	
Vitamin C..... 1,200 mg	2,000%	Selenium..... 200 mcg	286%
(as calcium ascorbate and magnesium/potassium aspartate-ascorbate/ascorbic acid complex)		(as selenium amino acid complex)	
Vitamin D3..... 100 IU	25%	Manganese..... 20 mg	1,000%
Vitamin E (as d-alpha tocopheryl succinate)..... 400 IU	1,333%	(as manganese amino acid chelate)	
Vitamin K1 (as phytonadione)..... 60 mcg	75%	Chromium..... 200 mcg	167%
Thiamine (as thiamine mononitrate)..... 100 mg	6,667%	(as chromium polynicotinate)	
Riboflavin..... 50 mg	2,941%	Molybdenum..... 150 mcg	200%
Niacin..... 200 mg	1,000%	(as molybdenum amino acid chelate)	
(as niacinamide and niacin)		Potassium..... 99 mg	3%
Vitamin B6..... 50 mg	2,500%	(as potassium aspartate-ascorbate/ potassium chloride complex)	
(as pyridoxine hydrochloride)		Choline..... 60 mg	*
Folic acid..... 800 mcg	200%	(from 150 mg choline bitartrate)	
Vitamin B12 (as cyanocobalamin on ion exchange resin)..... 100 mcg	1,667%	Inositol..... 50 mg	*
Biotin..... 300 mcg	100%	Vanadium (as vanadyl sulfate)..... 39 mcg	*
Pantothenic acid (as d-calcium pantothenate)..... 400 mg	4,000%	Boron (as boron aspartate-citrate)..... 2 mg	*
Calcium (as calcium citrate and calcium ascorbate)..... 500 mg	50%	para-Aminobenzoic acid..... 50 mg	*
Iodine (from kelp)..... 150 mcg	100%	Citrus bioflavonoids complex..... 100 mg	*
Magnesium..... 500 mg	125%	Raw glandular tissue blend..... 180 mg	*
(as magnesium aspartate-ascorbate/magnesium amino acid chelate/magnesium oxide complex)		Thymus 51 mg*, Spleen 51 mg*, Liver 51 mg*, and Adrenal 27 mg*	

*Daily Value not established.

Other ingredients: Cellulose, croscarmellose sodium, vegetable stearate, silica, water, titanium dioxide, dextrose, magnesium silicate, calcium carbonate, glycerin and beet root.